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# The CAMDEN CHRONICLE

Beating Breast Cancer  
 Special Section Inside!



VOLUME 131, NUMBER 41 \$1  
 THURSDAY, OCTOBER 12, 2023

## Camden to receive \$440,000 for park improvements

On Thursday, Oct. 5, Tennessee Gov. Bill Lee and the Tennessee Department of Environment and Conservation (TDEC) announced that \$26,501,706 has been awarded to 32 communities across Tennessee for local parks and recreation projects. The City of Camden was one of the areas to receive funding.

"From Mountain City to Memphis, our state is blessed with natural beauty and rich resources," Lee said. "These investments are critical in providing outdoor experiences for Tennesseans to enjoy for generations to come, and I appreciate the Tennessee General Assembly's partnership in this effort."

The City of Camden will be reimbursed up to \$440,000 for improvements to be completed at the Camden City Park, situated between Hwy. 70 W. and Mount Carmel Road in Camden. The project includes the creation of a new amphitheater, a splash pad

area, a new restroom facility, and ADA-compliant walkways.

"The new amphitheater will provide a way to showcase live talent, while promoting tourism and the arts within the community," said State Sen. John Stevens, R-Huntingdon. "I appreciate Camden Mayor Roger Pafford for submitting a successful grant application that will benefit Camden. I was happy to support it."

Funding is made possible through the Local Parks and Recreation Fund (LPRF). Administered by TDEC's Division of Recreation Resources, LPRF funds may be used for parks, natural areas, greenways, and recreational facilities. LPRF is a competitive grant program and provides funds via reimbursements for approved projects with qualified expenses.

"The Camden City Park is a valuable asset to the community that offers a variety of recreational activi-



**PARK UPGRADES** - Mayor Roger Pafford spoke to the Rotary Club last March regarding the city applying for a grant to upgrade Camden City Park. Last week Camden received notice that the grant was awarded.



ties for the public to enjoy," said State Rep. Jay Reedy, R-Erin. "The improvements that are planned will give residents more opportuni-

ties to stay active and engaged. I congratulate Camden on receiving this grant and look forward to seeing these upgrades completed."



**MANY DONATIONS** - From left, Sue Cole and Sherry Beasley look over the framed print of the former Camden Central High School on the hill. Donated in memory of Ron Lane, the print is of an original painting by local artist Tim Pafford.

## Tune in to the radio auction

The United Way Radio Auction started Monday, Oct. 9, and will continue through Oct. 27. Tune your radio to WRJB-FM 95.9 each weekday afternoon from 1-5 p.m. to get in on some great deals and help raise money for the United Way.

The items up for auction each day can be seen at First



Please see **RADIO**, page 2A

**731-441-3514**  
**731-441-3876**

## Benton County re-certifies as ThreeStar Community

At the recent Governor's Conference on Economic and Community Development in Chattanooga, Benton County was re-certified as a ThreeStar Community, a designation of economic preparedness for this rural county.

The ThreeStar program serves to promote economic and community prosperity through collaboration to positively impact every Tennessean. ThreeStar is a strategic community development program developed to assist communities in preparing for a better future, for today, tomorrow, and for generations to come.

The local committee which successfully pursued the goal of re-certification included Chairperson Heather Smith with the Benton County UT/TSU Extension Office; Camden Alderman Debbie Baldwin; Scott Owens and



**THREESTAR CREDENTIALS** - From left, Tennessee Department of Economic and Community Development Business Consultant Tessa Kyle, ThreeStar Director Jody Slinger, Governor Bill Lee, ECD Commissioner Stuart McWhorter, and Benton County Economic Development Director Jennifer Wheatley celebrate Benton County's re-certification as a ThreeStar community.

Andrew Jones with Benton County Electric System; Rachel Baker Richard with Chemours; Chamber Director Lorie Matlock; Chamber Board Presi-

dent Kevin Stepp; Dayna Ferguson; Benton County Economic Development Director Jennifer Wheatley; and ex officio members Camden Mayor Roger Paf-

ford, Benton County Mayor Mark Ward, and Benton County Director of Schools

Please see **THREESTAR**, page 2A



**SAFETY AWARD** - TOSHA Assistant Administrator Larry Hunt, left presents the Volunteer STAR Award to Chemours Plant Manager Mike Ashworth in New Johnsonville last Thursday.

## Chemours plant honored with TOSHA safety award

The Tennessee Occupational Safety and Health Administration (TOSHA) division of the Department of Labor and Workforce Development (TDLWD) has recognized Chemours in New Johnsonville with its Volunteer Safety Through Accountability and Recognition (STAR) Award.

The Volunteer STAR Award is the state's highest honor for workplace safety and health and is a nationally recognized program patterned after the OSHA Voluntary Protection Program (VPP). Because the company has received this award, the Chemours New

Please see **SAFETY**, page 2A



## LOST WHEEL CAUSES CRASH

On Tuesday, Oct. 3, Thomas Ward was driving his truck and trailer when the trailer wheel suddenly came off its axle as Ward was turning in the intersection of Hwy. 70 West and Old Bruceon Road just west of Camden. The loss of the trailer wheel ultimately caused Ward to lose control of the truck, which rolled and crashed, trapping Ward and his dog inside. Tennessee Highway Patrol, Benton County Sheriff's Office, Morris Chapel Fire Department, Benton County Rescue Squad, and Emergency Medical Services all responded to the scene. Ward was freed from the wreckage and transported to Camden General Hospital, where he was treated for minor injuries and released. It was reported that the dog was uninjured. Photo by Randy Coleman.

## OBITUARIES

Rhonda F. Cuthbertson



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COMMUNITY

# Other Brothers support friend with cancer

By Candy Eaton

The Other Brothers Motorcycle Club of Big Sandy in conjunction with American Legion Post 228 will hold a benefit ride and Italian dinner to support Marilyn Solberg in her fight against cancer. Other Brothers say, "Friends don't let friends fight cancer alone. Cancer sucks!" Bikes, jeeps, and cars are welcome in the ride

to show support. The fee is \$20 per bike or vehicle plus \$10 per passenger. All proceeds will go to Solberg. The ride will start at the Unforgotten Clubhouse at 3030 Mays Bridge Rd. in Paris with line up at 10 a.m. The ride will take off with kickstands up at 11 a.m. Stops will be made at Three Oaks, Camden Elks Lodge, and Reds. The ride will end at the

American Legion Post 228 in Big Sandy at 70 Front St. Their will be a 50/50 drawing, a live auction at 4 p.m., and an Italian dinner. Free to all riders, the meal will cost \$10 per plate for non-riders. Auction items are needed and may be dropped off at the American Legion Post 228 through Thursday, Oct. 14. For more information, call 731-593-5737 or 731-707-0388.



Marilyn Solberg

## RADIO

From IA

United Methodist Church on Camden's Court Square or viewed on the "United Way Radio Auction of Benton County" Facebook page. Call in your bids to 731-441-3514 or 731-441-3876.

Lunch is available for purchase for dine in or take out from 11 a.m. to 1 p.m., or until all meals are sold. For only \$8, each meal includes a dessert and drink. Come by the FUMC gym, browse the long-term and daily auction items, and have lunch in support of the United Way!

Meals, donors of items up for auction, and auctioneers for the next week include:

**Thurs., Oct. 12:** Lunch of spaghetti, salad, and bread by Flatwoods UMC. Donors are Wee Care, Flatwoods Methodist, Crossroads Baptist, and Benton County 4-H. Auctioneers are David Thomas, Michele Wright, Crystal Floyd, and Heather D. Smith.

**Fri., Oct. 13:** Lunch of potato or vegetable soup and cornbread by FUMC. Donors are Apex Bank, Shiloh Methodist, Briarwood, and FUMC. Auctioneers are Brad Hopkins, David Thomas, Jennifer Hedge, and Adam Kelchner.

**Mon., Oct. 16:** Lunch by Twisted Tots Munchies. Donors are Big Sandy Senior Center, Benton County Rescue Squad, Tennessee River Baptist, Natchez Trace Baptist, and Missionary Grove Baptist. Auction-

eers are Paula Mann, Elizabeth Volz, Andrew Jones, and Josh Roberson.

**Tues., Oct. 17:** Lunch of meatloaf and vegetables by First Baptist. Donors are Benton County Senior Center, First Baptist, Big Sandy School, and Camden Elementary. Auctioneers are Bill Kee, Meriellen Warstlar, Robert Hudson, and Jason Moore.

**Wed., Oct. 18:** Lunch of chili and pimento cheese sandwiches by Christians in Action. Donors are Volunteer Home Health, Christians in Action, Benton County Volunteer Program, Legend Cruisers, and CHS. Auctioneers are Bill Kee, Carol Wallace, Randy Shannon, and Susie Belisle.

**Thurs. Oct. 19:** Lunch of chicken spaghetti and vegetables by Camden General Hospital. Donors are Chalk Level VFD, Rotary, Camden General, Benton County Sheriff's Office, and Benton County Courthouse. Auctioneers are Ryan Hall, Sonya Volz, Stephanie Harclerod, and Michele Pierpoint Smith.

**Fri., Oct. 20:** Lunch by Friends of United Way. Donors are Tennessee Rehab Center, The Bridge - Camden Church of God, Stockdale/ Malin and Oakdale Funeral Homes, TVA Credit Union, and CJH. Auctioneers are Kenny Madrey, Bethany Patton, Rachel Richard, and Angela Jones.

"All money raised during this auction will remain in Benton County to fund our partner agencies," said



**BEAUTIFUL ITEMS** - Linda Hanna admires a three-wood cardinal wreath handcrafted by Kermit Cole. The item was donated to the United Way Radio Auction and can be viewed in the long-term items section in the First United Methodist gym.

United Way Director Jo Jones.

Agencies supported in part by United Way of Benton County (BC) include BC Arts Council; BC Ministerial Alliance; Big Sandy Christian Community Outreach Center; Big Sandy and BC Senior Citizens Centers; BC Track and Field; BC 4-H; BC Volunteer Program; Carey Counseling Group Home; BC Rescue Squad; Big Sandy, Chalk Level, Eva, and Holladay/ McIlwain VFDs; FYI Clinic; WRAP; Second Harvest Food Bank; Tenn. Rehab Center; Wee Care Day Care; and W. Tenn. Area Council Boy

Scouts. Anyone wanting to donate items for the auction may bring them to FUMC. Contact Jones at unitedwaybenton@gmail.com with any questions about donating items or funds to United Way.

## SAFETY

From IA

Johnsonville facility that produces titanium dioxide is considered a Volunteer STAR site.

"We set the bar very high for this award and Chemours rose to the challenge and not only met but exceeded TOSHA's high standards for workplace safety in Tennessee," said TOSHA Assistant Administrator Larry Hunt. "It takes a tremendous amount of effort and determination from everyone at the facility to create and maintain a safe and healthy workplace at this level."

Hunt traveled to New Johnsonville on Thursday, Oct. 5, to present the Volunteer STAR Award to Chemours' managers and employees. This is the sixth time TOSHA has honored the New Johnsonville site with the Volunteer STAR award.

"I am incredibly proud of the New Johnsonville team for achieving this esteemed recognition by TOSHA," shared Mike Ashworth, Chemours Plant Manager. "Safety has been, and will always be, an obsession at Chemours. This award shows that we take our safety seriously. It is part of our DNA and is the foundation of our 65-year history at New Johnsonville."

There are currently 33 Volunteer STAR sites in Tennessee. The STAR companies receive a glass award to display, along with a Volunteer STAR flag to fly at their facilities. Companies also have the option of using the Volunteer STAR logo on its correspondences and documents.

The standard for participation in the STAR program confirms that a company's safety and health program helps reduce accidents and injuries. As part of the program, TOSHA removes employers from programmed compliance inspection lists for three years.

For more information on the Volunteer STAR Award program and other TOSHA award programs, contact the agency at 800-325-9901.

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## THREESTAR

From IA

Mark Florence.

Certification in the ThreeStar program is based on annual documentation of local activity, evaluation, and biennial participation in coordinated local stakeholder goal and activity planning. ThreeStar certification guarantees participating counties discounts and eligibility in various TNECD Rural and Community Development programs and grants.

"ThreeStar is a long-standing economic development program that targets rural communities and focuses on their preparedness. It is an excellent tool for us to utilize as we pursue new economic opportunities. Benton Coun-

ty's recertification is an essential step to ensure that we have access to all that

ThreeStar participation offers," said Wheatley.

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EDITORIAL

Poet's Corner

In the depths of wondering

By Candy Eaton

I wonder.  
Why do roses bloom in the spring and then again in the fall? Is it just finding the right temperature or is it a celebration of the beginning and end of summer?  
I wonder.  
Why, when you walk in a store, do babies smile at you? Is it because they have gas or because their old souls recognize your old soul?  
I wonder.  
Why is it that a looming, dark, brooding sky causes such anxiety? Is it because of an impending storm or because we fear our own

storm looming when we turn dark and brooding?  
I wonder.  
Why those I care about are sometimes distant? Is it because "I love you" comes too easily from me or is it that they are indifferent and lost in their own world?  
I wonder.  
If you wish to share some poetry, either something you have written or a favorite by someone else, please send a copy to candy@magicvalleypublishing.com or to The Camden Chronicle, P.O. Box 899, Camden TN 38320. Please include your name and the town where you live.

Thank heaven for the deputies who keep us safe!



Candy's Column

Candy Eaton

Living in rural West Tennessee is a blessing in so many ways. Not everyone may be aware of the types of calls the Benton County Sheriff's Office receive daily. BCSO deputies are sent out to handle any variety of problems. Thefts, assaults, accidents, speeders, and drug calls take up much of their time, but there are other types of calls that they must handle as well.

Let me say first and foremost that I have great respect for our law enforcement officers. They are true professionals who risk their lives every day to ensure the citizens of Benton County can live in a safe, civil society.

My husband and I are

volunteer firefighters, so the scanner is on in our house and in our vehicles all the time. We want to know what is happening with our neighbors so that if we need to help, we will be ready.

On some of the more serious calls regarding violent behavior, I often fear for the deputies. But sometimes, I enjoy the calls that remind me we live in a rural area with the many misadventures that may bring. Let's just say that our farm animals may or may not stay put in their respective pastures.

Last week there was a cow on the road in Camden. Another day six horses were reported to be running down the road. Deputies responded to these calls and helped the owners get their animals back to the correct pastures.

A call came in another time that two dogs had lost the batteries from their collars and were nowhere

to be found. The complaint suspected the dogs were being harbored at the neighbor's house. The deputies checked with the neighbors but didn't find the dogs there. As they were preparing to leave the scene, the dogs came walking up from a different direction, wagging their tails with pride at their great adventure.

There was a report one day of a dog that had killed 25 chickens. With feelings high for both the dog and chicken owners, presumably the scene was a volatile situation. The deputy radioed with concern in his voice that if the County Animal Control Officer could not be located soon, the dispatchers would have to call the County Mayor.

Then there was the recent call about a pig that had broken into a chicken coop. Eventually the pig's owner was located and came to collect the pig. When warned that

she would be cited for animal at large if it happened again, the owner reassured the deputies that the pig would not be a problem for too much longer as she was planning to get rid of it.

I'm not sure if the pig might be a "special guest" at a Thanksgiving BBQ or Christmas dinner, or if it is just moving on to a new home. Either way, the deputy seemed satisfied with the owner's answer.

These calls are serious and important to the complainants, especially when the wayward animals put the livelihood or property value of the complainants at risk. But, it does put a smile on my face to know that not every call our deputies respond to is life threatening. Thank heaven for those deputies out there keeping us safe!

I'm still a bit concerned about that hungry pig, though.

**Deadline Reminders**  
Deadline for The Camden Chronicle is Monday at Noon Thank You!

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**SMALL BUSINESS SPOTLIGHT**

**Vick Insurance Group expands to third generation**

By Candy Eaton

Vick Insurance Group is proud to announce that Hunter Vick and Garrett Vick, sons of owners Stephen and Tracy Vick, have joined the family business. Their addition makes Vick Insurance Group (VIG) a third-generation business in Benton County.

The business originally was started by Stephen's mother Linda Vick Dykstra in 1987. With guidance from his mother, the business was computerized and expanded, and ownership transferred to Stephen in 2015 when he bought the business. Vick Insurance now serves accounts in six different states and offers a full array of insurance products for individuals, families, and businesses.

Stephen has spent many years coaching volleyball and basketball, even serving last fall as coach for the Union University volleyball team, and he feels this coaching experience will help him motivate his sons. Together he believes they will expand the family business even further with tenacity and a clear vision for the future.

"They are a competitive team," Stephen said, speaking with pride of his sons joining the family



**FAMILY BUSINESS** – From left, Garrett, Stephen, and Hunter Vick stand ready to help with all your insurance needs at Vick Insurance Group.

business. He wants to put Hunter and Garrett on the search for new accounts and new ways to develop community involvement.

Hunter has a bachelor's degree in finance. He noted that he wants to advance to commercial accounts as he gains experience and is looking to be a part of Benton County's growth.

"My goal is to keep the family business growing, with all of us working to the benefit of our clients and the community," Hunter said. "I hope to educate and help people

related to their insurance needs and the types of coverage available."

Garrett stated that he on the job training he is receiving from his father has helped toward licensure, and it has been enlightening. He also wants to help expand the business and participate in community service activities such as children's eye exams offered by the Camden Lions Club and volunteering at the Second Harvest Food Bank.

Not only does VIG benefit from Stephen, Hunter, and Garrett Vick, but Tra-

cy Vick is an active part of the business as well. Agent Lisa Trout, who has been with VIG for over 20 years, and Cathy Hawke round out the staff at VIG.

At Vick Insurance Group, they take your insurance needs very seriously and bring their years of experience to bear to serve you. Whether it's your home, auto, or any other insurance need, VIG is just a click or a phone call away. Visit their website or contact Vick Insurance Group directly at 731-584-2554 or info@vickins.com.

**A NOTE ON OPINIONS**

The thoughts and opinions expressed on the opinion page are solely those of the authors and not that of this newspaper or Magic Valley Publishing. Our readers are welcome to submit Letters to the Editor by emailing copy@thecamdenchronicle.com or via mail to P.O. Box 899, Camden, TN 38320.

**Criminal Injuries Compensation Program is a resource for victims and assistance groups**

In recognition of National Domestic Violence Awareness Month, the Tennessee Department of Treasury is working to increase awareness of a resource that financially assists victims of crime. The Criminal Injuries Compensation Program (CICP) provides funds of last resort to victims who have suffered personal injuries related to a crime, including injuries resulting from domestic violence.

The CICP Fund can cover expenses caused by personal injury due to crime, such as medical bills, lost wages, loss of support to financial dependents, mental health counseling, and more. The money in the fund comes from fines,

penalties, and fees paid by criminals to state and federal courts.

In observation of the month, State Treasurer David H. Lillard, Jr. wants organizations to be aware of free online training resources available through the CICP Fund. The training is available to help anyone who regularly works with victims to better understand eligibility and how to apply for compensation. Nonprofits, churches, shelters, and other domestic violence assistance programs are encouraged to take the training.

"The Criminal Injuries Compensation Program provides funds to help victims when no other means

are available," Lillard said. "Treasury is proud of its role in providing more than \$350 million to victims over the past four decades."

Money in the fund can help with expenses incurred while cleaning the scene of the crime if it occurred in a victim's home. If the crime results in the death of the victim, the fund can assist remaining dependents with some financial support and can help cover funeral expenses.

The fund does not cover certain ineligible expenses, such as rent or utility bills, costs from identity theft or fraud, personal property, or expenses that will be paid by any public



or private source, including insurance or donations.

Learn more about the benefits of CICP at www.treasury.tn.gov/injury, where you can download a printable resource guide. To review the on-demand CICP training resources, visit www.treasury.tn.gov.

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Letters to the Editor and Guest Columns are encouraged. Please limit contributions to 300 words. We reserve the right to edit to conform to newspaper style and also modify content to protect against libel. All letters and guest columns must be signed. No unsigned letters will be published. The opinions expressed on the opinion/editorial page are not necessarily those of the management of this newspaper. No alcohol advertising accepted.

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PRINTED BY OFFSET  
Published each Thursday in Camden, Tennessee  
Periodicals postage paid at Camden, TN 38320 • USPS 086580

POSTMASTER: Please send address changes to:  
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# COMMUNITY



**WTPUD LEADERSHIP** - General Manager Brent Dillahunty, Service Manager Blake Bargery, Marketing Manager Madison Endres, Board Member Ray Smith, Jason Fryer of Tennessee 811, and Engineer Jacob Allen.



**GOOD CROWD** - Benton County elected officials and other guests enjoy a buffet lunch while listening to the WTPUD presentation.

## WTPUD hosts luncheon for community leaders

By Bobby Flash Melton

Officials of the West Tennessee Public Utility District (WTPUD) hosted a luncheon in September for community leaders about their operations and services concerning natural gas. The luncheon was held at Country and Western Steakhouse and featured several WTPUD speakers.

As guests dined on food from the buffet, WTPUD General Manager Brent Dillahunty made introductions of his staff. WTPUD speakers used a PowerPoint presentation to address topics such as safety, the importance of calling 8-1-1 before digging, the history of the utility district, the landscape of natural gas, and the WTPUD service area.

Speakers included Dillahunty, engineer Jacob Allen, Service Manager Blake Bargery, and Marketing Manager Madison Endres. Jason Fryer of Tennessee 811 stressed the importance of calling 8-1-1 before any digging or excavation work is done on any property.

"A meeting such as this is not only to provide safety messages and inform elected officials and com-

munity leaders on what we do in the natural gas industry, but also to find out how we can assist these leaders in supporting their communities. We want to assist counties in the WTPUD coverage area in any way we can," said Dillahunty.

He related that WTPUD does much more than provide natural gas to customers, saying, "We're here to mentor, train, and educate. We want to partner with schools, local economic development boards, and other organizations so that our communities will be better places."

Dillahunty recognized local businessman Ray Smith for his years of service. "Ray has served as a member of the WTPUD Board of Directors since 1969 and has been a vital part of our growth," Dillahunty said. "We appreciate and thank him for his more than 50 years of service to our board. I also want to wish him a happy 95th birthday, which he celebrated this month."

WTPUD was established in July 1953. In January 1956, the first gas was sold to the 231 initial customers. Today WTPUD provides natural gas to more than 17,000 customers in

Benton, Carroll, Weakley and portions of Henry and Henderson counties.

The company's mission statement states: "We exist to provide cost-effective uninterrupted natural gas to as many as possible in our coverage area. However, we desire to thrive, not merely exist. We are committed public servants who use natural gas to impact our communities for good."

Approximately 70 persons attended the luncheon

including city and county officials, Chamber of Commerce representatives, and personnel from other utility companies including the Benton County Electric System and Camden Water Department.

More information on the use of natural gas as an energy source can be found at [www.wtpud.com](http://www.wtpud.com), along with safety messages about natural gas and information on all aspects of WTPUD services and oper-

ations. The WTPUD main office is located at 14055 Paris Street in Huntingdon

and can be reached at 731-986-8289 or 800-443-7794.



**SHARING INFO** - General Manager Brent Dillahunty talks about the importance of calling 811 before you dig.

**Revelation Gardens Weekly Update**

**RESCUE OF THE WEEK**

**EMMA**

Emma is a sweet tortoiseshell who loves to snuggle! And, she prefers to be the only kitty in your life.

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### Pet of the Week



#### Clarabelle

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## Teacher Spotlight

Who's new at... **Camden Central High**

### Barbara Edwards

Assigned School: Camden Central High School - Algebra II  
Hometown: Memphis  
Barbara received a Bachelors of Math from the University of Memphis, a Master's in Education from Union University.

Her family includes her husband, Lewis and her two grown children, Jesse and Josephine.

When not teaching, Barbara enjoys indoor rock climbing, leading worship, playing keyboard and singing at her place of worship. She is also a military Veteran USAF Captain for 4 years. Barbara recently moved to Camden from Memphis where she taught high school math for 20 years and has never lived in a small town before!



### Brandon Parker

Assigned School: Camden Central High - Biology  
Hometown: Camden  
Brandon received his Bachelor's degree in natural resources management and wildlife biology. His family includes his wife, Jessalyn Parker and son, Fletcher Parker. When not teaching, Brandon enjoys coaching his son in baseball, duck hunting in the winter and spending all his other time with family. Brandon also lives on a family cattle farm!

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# OBITUARIES

## Announcements

### FRIDAY, OCTOBER 13

**Fall Festival**  
Big Sandy School will hold its Fall Festival on Friday, Oct. 13, from 5-8 p.m. at the school. There will be a chili supper, country store, silent auction, games, and fun! For more information, call the school at 731-593-3221.

### SATURDAY, OCTOBER 14

**Fund Raiser**  
The Holladay/McIlwain Volunteer Fire Department will have their annual Firehouse Fever Cruz-In and BBQ Dinner on Saturday, Oct. 14 from noon until 4 p.m. at the Holladay School, located at 148 Stokes Rd. in Holladay.

**Reunion**  
The Harmon Creek reunion will be Saturday, Oct. 14 at noon at the Harmon Creek Church.

**Volunteer Day**  
Benton County Animal Shelter is having a Volunteer Orientation Day on Saturday, Oct. 14, from 10 a.m. to 2 p.m. at 915 Divider Natchez Trace Rd. in Camden. Come enjoy refreshments while learning how to volunteer at and support the animal shelter.

**Hayride**  
Shiloh United Methodist Church will host a Hayride on Saturday, Oct. 14, from 3-6 p.m. There will be s'mores and a wienie roast as well. Come out to

3380 Shiloh Church Rd. in Camden to join the fun!  
**THURSDAY, OCTOBER 19**  
**Commodity Distribution**  
NWTNEDC at the Benton Co. Service Center will hold the quarterly USDA Commodity distribution Thursday, Oct. 19, at 560 Benton Industrial Road, Camden. For more information call 731-584-7355.

### ONGOING ANNOUNCEMENTS

**Cemetery Upkeep**  
Mount Zion Cemetery on Sulphur Creek Rd. in Big Sandy is in desperate need of funds for mowing and upkeep of the grounds. Donations can be made at Apex Bank in Camden or Big Sandy, or by contacting Walter Melton or Lisa Goforth.

**Special Needs Adult Program**  
Saturdays at 5 p.m. at the Independent Church of Big Sandy, 95 Main St. For info. contact Christina O'Neal 517-867-9280. This is where you will find friends and the love of Jesus in a safe, welcoming place.

**Drug and Alcohol Abuse Help**  
Narconon can help families overcome drug and alcohol addiction. If you or someone you care about needs help with drug or alcohol addiction, call 800-

431-1754 or visit [www.narcononnewliferetreat.org](http://www.narcononnewliferetreat.org).

**Church Library**  
The First Baptist Church Library is open to the public on Tuesdays and Thursdays from 11 a.m. to 3 p.m. at 269 Post Oak Ave., Camden.

**Senior Center**  
The Benton County Senior Center is completely open with all activities and would like to have all Benton County seniors join us. Check out our Facebook page for a calendar of events or stop by 119 Cole Ave. and pick one up. Call 584-4101 for more info.

**UMW Thrift Shop**  
The United Methodist Women's Thrift Shop is open Tuesday and Saturday from 9 a.m. to 12 p.m., at First United Methodist in Camden, just off the Court Square. In the event of a burn-out or transient need, call 584-6081.

**Genealogical Society**  
The Benton County Genealogical Society meets the fourth Thursday of each month at 6:30 p.m. in the Genealogy Room of the Benton County Library in Camden. Major emphasis is on the heritage of pioneering families and progress made in Benton County's growth.

**Celebrate Recovery**  
Celebrate Recovery for hurts, hang-ups and addictions meet every Monday night at 6 p.m. at Missionary Grove Baptist Church in Camden.

**NA Meeting**  
Narcotics Anonymous meets Monday, Thursday, Friday, and Saturday at 7 p.m. in the basement of the Camden Library at 121 S. Forrest Ave.

**AA Meetings**  
Alcoholics Anonymous meets every Tuesday night at 7 p.m. and Friday night at 7:30 p.m. at St. Mary's Catholic Church in Camden.

**Al-Anon Meeting**  
Al-Anon Family Group meets Thursday at 7 p.m. at Cumberland Presby-

terian in Camden. Enter the door on the west side of the building and go downstairs. For more info. call 584-4924.

**Family Support Program**  
There is a support program for those helping a person with a severe disability. For more info. contact Amy Davidson at 855-2316 or [adavidsonfsc@bellsouth.net](mailto:adavidsonfsc@bellsouth.net).

**American Legion**  
American Legion Post 228, Big Sandy, has Karaoke every Saturday night from 8-12 p.m. and a DJ every Wednesday night from 5-9 p.m.

**Veteran's Meeting**  
VFW Post #2109 and Disabled American Veterans Chapter #30 meet every third Tuesday of the month at 6 p.m. at 153 Washington Ave. in Camden. All Veterans are welcome.

**Veteran's Meeting**  
All Veterans are welcome to the American Legion Post #102 which meets the second Tuesday of each month at 6 p.m. at 153 Washington Ave. in Camden.

**Support Group**  
The Benton County Community Resource Center (CRC) holds an Alzheimer's/Dementia Support Group at 1 p.m. on the second Thursday of each month at the CRC, 145 Hospital Dr. in Camden. Contact CRC with any questions 731-213-2362.

**Recycling Program**  
The Lions Club recycles cell phones and ink cartridges for Kidsight, a program at the Lions' Eye Center at Vanderbilt that screens kids for eye problems. Collection boxes are at Mark's Bldg. Materials, TVA Employees Credit Union, the Courthouse, and First United Methodist Church. For more info., call Joey Cooper at 584-8571.

**Nutrition Program**  
The Benton County Nutrition Program provides congregate meals to the elderly, and home deliv-

ered meals to seniors with disabilities. Anyone needing meals, contact Debbie Hill at 584-3627 or [ben-tonco@nwthra.org](mailto:ben-tonco@nwthra.org).

**Hospice Volunteers**  
Hospice needs volunteers to help chronically ill adults and their families. For more info. contact Barry Fowler at 584-9500 or [Wanda.Perry@avalon-hospice.com](mailto:Wanda.Perry@avalon-hospice.com).

**Foster Parents**  
Youth Villages needs foster parents. For more info. contact Donna Goodman at 660-6767 or visit [www.youthvillages.org/foster](http://www.youthvillages.org/foster).

**Meeting**  
The Big Sandy God Girls meet every other Saturday from 10 a.m. to 4 p.m. at the Big Sandy Christian Community Outreach Center (CCOC), 30 Front St., Big Sandy. Any girl from grades 2-12 is welcome to come enjoy cooking, baking, dancing, sewing, car washes, bake sales, and more. For more info., call 731-333-6710.

**Drug Disposal**  
Safely dispose of expired or unwanted medications in drug take-back boxes, located at both Big Sandy and Camden City Police Depts. For other box locations visit <http://tdeconline.tn.gov/rxtakeback>.

**Veterans Honor Guard**  
The Veterans Honor Guard of Parkers Crossroads needs new volunteers due to an increase in Full Military Honors funerals. Only Honorably Discharged Veterans are accepted. We meet and train at 8:30 a.m. every Thursday at 2150 Wildersville Rd., in Wildersville. For more info. contact Keith Hair 252-0129 or Sherman Boyd 225-0613.

**K of C Meeting**  
Council 9754 Knights of Columbus meet the third Wednesday of each month at St. Mary's Catholic Church on W. Main St., Camden. Dinner at 6:30 p.m., meeting at 7 p.m. For transportation call 584-6459.

**Men's Breakfast**  
Faith Christian Fellowship, 1525 Hwy. 641 S., Camden, Men's Breakfast (all ages) is every third Saturday at 8 a.m. For more info. call Shirlee Faircloth 584-8500.

**Right to Life**  
Give the unborn a voice. Right to Life meets every third Monday. For more info. call 693-2882.

**Fitness Program**  
Basic Fitness in Camden offers Silver Sneakers. For more info. come by or call Melanie 584-6697 or 441-



**Rhonda F. Cuthbertson 1961-2023**

Rhonda Faye Cuthbertson, 62, of Big Sandy, passed away Tuesday, Sept. 26, at her residence. A memorial visitation will be held Sunday, Oct. 15, from 1-4 p.m. at Stockdale-Malin Funeral Home of Big Sandy.

Mrs. Cuthbertson was born April 26, 1961, in Benton County, to the late Welton Lindsey and Gale Ring Lindsey. She was a member of the New Beginnings Church in Big Sandy.

In addition to her parents, she was preceded by her husband, Donald L. Cuthbertson.

She is survived by a son, Daniel (Amanda) Cuthbertson, of Whitworth; a sister, Barbara Morris, of Big Sandy; two grandchildren, Jensen and Riley Cuthbertson, a nephew, Dustin L. (Steven) Morris, and a great-nephew, Elias J. Morris, both of Murfreesboro.

4738.  
**FNBFSF Meeting**  
Friends of Nathan Bedford Forrest State Park meet the second Sunday each month at 2:30 p.m. at the Folk Life Museum. For more info. visit [www.friendsofnbfsf.vpweb.com](http://www.friendsofnbfsf.vpweb.com) or "Like" us on Facebook.

**Head Start Applications**  
Magic Valley Head Start and Benton County Early Head Start are accepting applications for the 2022-23 school year. For more info. or to schedule an apt., call Head Start 584-2009 or Early Head Start 584-4953.

**Prayer on the Square**  
Prayer on the Square is held the second Saturday of each month at 9 a.m. on the steps of the Carroll County Courthouse regardless of weather. Open to all denominations. Those who are unable to stand for long should bring a chair.

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# German Potato Pancakes (Kartoffelpuffer)

**Ingredients**  
 2 lbs starchy potatoes, such as Russet (see substitute suggestion in notes)  
 2 eggs  
 1 tsp salt  
 1/2 tsp pepper  
 1 tsp nutmeg  
 1 tbsp corn or potato starch (use if you do not intend to use the starch from the potatoes)  
 cooking oil, as needed for pan frying

**Directions**  
 Peel and coarsely grate the potatoes\*. Place in a colander or large sieve over appropriately sized bowl and let drain for 10-15 minutes. Press a couple of times to help the process along. (Alternatively, place the grated potatoes in a clean cheese cloth and squeeze out all the water.)



Once most of the liquid from the potatoes has collected at the bottom of the bowl, move the drained potatoes to the side and either discard the liquid and reserve the starch settled underneath it or discard everything.\*\*

Beat the eggs with the salt, pepper, nutmeg and if using the 1 tbsp of corn or potato starch, then add to the potatoes.

Heat 1/4 cup of cooking oil in a frying pan over medium to medium-high heat. When hot, add a large spoonful of potato egg mixture to the oil and flatten it out using the back of the spoon. (Do not overcrowd the pan).

Fry until each side is golden and crispy, about 4 minutes per side, depending on how large the pancakes are.

Drain the cooked potato pancakes over paper towels before serving. Serve while still hot with apple sauce or sour cream as a dip.

**Notes**  
 Substitute suggestion: Use 1 1/2 lb of frozen hash-

ture to the oil and flatten it out using the back of the spoon. (Do not overcrowd the pan).

Fry until each side is golden and crispy, about 4 minutes per side, depending on how large the pancakes are.

Drain the cooked potato pancakes over paper towels before serving. Serve while still hot with apple sauce or sour cream as a dip.

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ture to the oil and flatten it out using the back of the spoon. (Do not overcrowd the pan).

Fry until each side is golden and crispy, about 4 minutes per side, depending on how large the pancakes are.

# German Pork Roast

**Ingredients**  
 4 lbs boneless pork shoulder (if you find it with the skin on you will have great crackling capping the roast)  
 6 cloves  
 1 tbsp cumin (seeds or ground)  
 2 tsp caraway seeds  
 3 tbsp coarse sea salt  
 2 tsp ground black pepper  
 2 1/2 oz dark beer (Marzen, Dunkel, bock or if using ale Amber or Brown)  
 1 large onion  
 3 carrots, (or more as needed)  
 3 beets, (or more as needed)  
 3 large sweet potatoes, (or more as needed)  
 3 parsnips, (or more as needed)

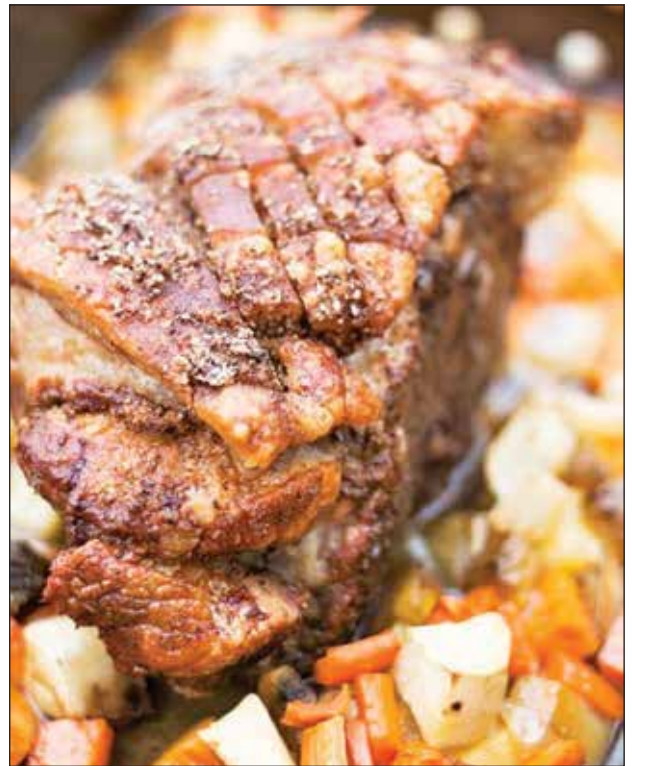
**Directions**  
 Turn the oven on to 350 F. Grind the cloves, caraway seeds and cumin seeds (if not using ground cumin) and mix them with the salt and pepper.

Score the pork shoulder fat cap/skin. Rub it well on all sides with the seasonings mix and place it in a roasting pan with a rack. Make sure that the pork is level, especially if it has the skin on (better crackling will develop). You can place garlic cloves underneath the meat to even it out and achieve a level top surface.

Roast the pork shoulder in the middle of the oven for about 1 hour. Just before taking it out peel and dice all the vegetables in 1 inch or so cubes.

Place the vegetables around the meat and pour the two beers over them and the meat.

Put the pork roast and the



vegetables back in the oven and roast for 1 and a half more hours. About half way through check to see if the liquid is getting low. If so, add a bit more beer or a little bit of water. Baste the vegetables with the pan juices and continue to roast.

You may need to roast a little longer than the total of 2.5 hours - check the internal temperature of the meat - if it is 155 F in the center, the pork shoulder is cooked.

Also if your pork had skin on it keep an eye on the crackling and adjust the oven temperature up towards the end if it is not dark enough and not bubbling.

If you notice the skin getting dark too fast then lower the temperature of your oven to 325 F until the internal temp of the meat is 155 F

and broil for about a minute or two at the end. If you end up broiling to get a good crackling, place the roasting pan at the bottom rack of the oven first and then broil on high until the skin puffs up.

Remove the pork from the pan and let rest on a cutting board before slicing.

*Pan Juices Pork Gravy (Optional)*

If you want to make a gravy, strain the pan juices and set aside. In a sauce pan over medium heat melt 2 tbsp butter and whisk in 2 tbsp flour. Add the strained pan juices while continuing to whisk. If you need to thin out the gravy add water, 1 tbsp at a time. Taste and if needed season with salt and pepper. Transfer to gravy boat and serve.

# Sauerkraut Balls

**Ingredients**  
 3 links (about 1/2 lb) uncooked bratwurst, casings removed  
 1 onion, medium sized, diced  
 1 1/2 cup sauerkraut, drained  
 2 tbsp bread crumbs  
 1 tsp parsley, finely chopped  
 3 tbsp cream cheese  
 1 tsp salt  
 1/2 tsp pepper  
 1 tsp garlic powder  
 4 tbsp flour  
 2 eggs  
 1/4 cup beer (sub with water or milk)  
 1 cup Panko breadcrumbs (might need a bit extra)  
 cooking oil as needed for deep frying



**Directions**  
 In a skillet over medium heat brown the bratwurst while breaking it up with a wooden spatula or spoon.\* Add the diced onion, mix it in and let soften. Once the bratwurst is fully cooked let the mixture cool down.

In a mixing bowl add the drained sauerkraut, bread crumbs, parsley, cream cheese, salt and pepper, garlic powder and cooled off bratwurst and onion mixture.

Mix until all ingredients are well incorporated and form into golf-sized balls. Arrange them on a baking sheet and refrigerate for 30 min to let them firm up.

Prepare a breading set up - one bowl with flour, one bowl with the beaten eggs + beer (sub water/milk), one bowl with bread crumbs.

**To Deep Fry**  
 Over medium-high in a deep frying pan heat enough cooking oil to fully submerge the balls to 350 F.

Bread the chilled sauerkraut balls (coat with flour, then egg wash, then roll in bread crumbs).

Fry a few at a time until golden brown and drain on paper towels. Serve immediately.

**To Bake**  
 Heat oven to 375 F. Bread the chilled sauer-

kraut balls (coat with flour, then egg wash, then roll in bread crumbs), arrange on a parchment paper lined baking sheet and bake for about 20 minutes. Serve immediately.

**Notes**  
 \* Optional - bratwurst is already seasoned, but if you desire more pronounced flavors you can add a pinch or two of cumin and/or ground caraway seeds at this stage.

If frying do not overcrowd frying pan, the temperature of the cooking oil will drop. Try to keep it around 350 F for best results.

# German Apple Pancake

**Ingredients**  
 3 large eggs  
 1/2 cup whole or 2% milk  
 1 large Granny Smith, Honeycrisp, or Pink Lady apple  
 4 tablespoons (1/2 stick) unsalted butter  
 3 tablespoons granulated sugar, divided  
 1/2 teaspoon ground cinnamon  
 1/4 teaspoon ground or grated nutmeg  
 1 teaspoon vanilla extract  
 1/4 teaspoon kosher salt  
 1/2 cup all-purpose flour  
 Powdered sugar or syrup, for serving

**Directions**  
 Place 3 large eggs and 1/2 cup whole or 2% milk in a medium bowl or blender and let come to room temperature, about 30 minutes.

Arrange a rack in the middle of the oven and heat the oven to 425°F.

Peel 1 large Granny Smith, Honeycrisp, or Pink Lady apple. Halve and core the apple, then thinly slice.

Melt 4 tablespoons unsalted butter in a 10-inch cast iron skillet over medium heat. Add the apple, sprinkle with 2 tablespoons of the granulated sugar, 1/2 teaspoon



ground cinnamon, and 1/4 teaspoon ground or grated nutmeg. Cook, stirring occasionally, until the apples are soft and lightly caramelized around the edges, about 5 minutes. Meanwhile, prepare the batter.

If mixing in the bowl, add the remaining 1 tablespoon granulated sugar, 1 teaspoon vanilla extract, and 1/4 teaspoon kosher salt to the bowl and whisk to combine, then whisk in 1/2 cup all-purpose flour until smooth. If using a

blender, add all the ingredients to the blender and blend until smooth, about 10 seconds.

Remove the skillet from the heat and spread the apples into a single layer. Pour the batter evenly over the apples.

Transfer the skillet to the oven and bake until set in the center and puffed around the edges, 12 to 15 minutes. Serve dusted with powdered sugar or with maple syrup.



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COMMUNITY

# Magic Valley Music Festival

By Bobby Flash Melton

Although attendance at last weekend's Magic Valley Music Fest at Birdsong Drive-In in Camden was much smaller than organizers had hoped, the event brought eight musical acts to Benton County that performed several styles of music including country, pop, rock, and classic hits.

The two-day event featured performances not only from well-established recording artists but also from talented local performers who have built fan bases in Northwest Tennessee.

On Friday night, entertainment was provided by Double Edge, the Randall French Band, and Nashville singer Keith Burns. Saturday's music roster included 24-7, Pretty Grimm, Bryan Moffitt, Derrick Brasfield, and Eddie Montgomery.

Serving as emcee throughout the event was Carrie Folks Strang who also sang on stage during the festival. A former New Johnsonville resident who now resides in Memphis, Strang served as Miss Tennessee 1988.

"I was thrilled to emcee this weekend. This is still home," Strang said. "I also have a connection with some of the performers. Derrick Brasfield's dad Ricky and I went to high school and played music together. I also worked with Keith Burns at the Wildhorse Saloon in Nashville

during the 1990's and he's always been a friend."

"I love playing here," said Burns. "This is the fourth time I've been here and it's always a pleasure to perform. I love Jon York and his family, and they always go out of their way to make me and my band feel at home.

Burns related that after a performance at Birdsong in May 2021 he and his wife Bonnie visited the site of the 1963 plane crash that killed Patsy Cline, Hawkshaw Hawkins, Cowboy Copas, and Randy Hughes.

"I had always wanted to visit the site and took the opportunity then. Based on movie depictions of the crash, the location was nothing like what I imagined," Burns said. "I know the spirits of those country stars live on at the site. The memory of being there will be with me the rest of my life."

New Johnsonville's Brasfield was on the stage both Friday and Saturday nights. On Friday he played keyboard for Rockin Randall French, and on Saturday his own group performed.

"I've had a great time and appreciate the enthusiasm of the crowd," Brasfield said. "I love the talent I get to play with on a regular basis and they're all good friends."

"Tonight was awesome and you can feel the energy that's here," said French. "Of course, we would have liked to play before a larg-

er crowd, but we're always going to go full blast regardless. It was good to have Ryan Holladay join us this evening, too. We had a ball!"

"It's always good to be home, perform with friends, and see family members," said Holladay, a Camden native and a member of the group Levon. "I love being around magnificent friends and family who have helped so much in my career. I've been blessed."

Holladay added that Levon has recently released a new song on Spotify and other social platforms called "Dancing with You." The video version of the song made its debut on YouTube last Friday.

On Saturday evening, Eddie Montgomery of Montgomery Gentry closed out the Magic Valley Music Fest. His show included his hits such as "My Town," "Something to Be Proud of," and "Where I Come From." While performing, his tour merchandise was being sold including t-shirts which listed Camden as one of his 2023 tour stops.

Event organizer Jon York said the performers were outstanding throughout the festival and thanked them all again for agreeing to be a part of it. He did express his disappointment that the event didn't attract a larger turnout.

"For the size of the event and all the talent we brought in, we charged the

prices necessary to meet costs. We were trying to bring some entertainment to Benton County for people to enjoy," York said. "Even though the crowd was smaller than I had hoped, I think the people who came had a good time and enjoyed the performers."

York said he sincerely appreciates the people who supported the festival with their purchase of tickets. There were people in attendance from surrounding counties and other states, including Florida, Indiana, Kentucky, and Mississippi. York said he plans to host another music festival next year, but likely it will be a single day event.

"I appreciate the people who volunteered for various tasks this weekend. We had people to assist with things like stage preparation, parking, verification of ticket sales, security, and many other behind the scenes activities. They all did an outstanding job!" said York.

With the festival concluded, York reminds patrons of Birdsong Drive-in that Halloween movies will be shown every Friday and Saturday night during the month of October. Potential moviegoers can check the drive-in Facebook page to stay current on what is showing and when the movies will start. As usual, the Birdsong Drive-In concessions will be available for patrons to enjoy.



Eddie Montgomery



Ryan Holladay



Randal French



Keith Burns and Carrie Folks Strang



Connie Wright, Jon York, and Ricky Moody



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# SPORTS

Section **B**  
 October 12, 2023

## Ignore the SEC at your peril



**From the Pressbox**

Jim Steele

The disdain for the Southeastern Conference (SEC) is palpable.

This is nothing new, of course. The SEC has basically run roughshod over the rest of the college football landscape for the last 20 years or so. In fact, it has dominated.

Consider that the SEC has won 14 of the last 20 national football championships, including the last four straight. And it's not like Alabama wins it every year. The list in that time period includes Auburn, Florida, Georgia, and LSU as well. And if you go back to 1998, you may, of course, include Tennessee in that list.

No other conference can trumpet that kind of success, let alone depth. Could you see the Big 10 doing something like this? Ohio State wins one year, then Michigan the next, then Penn State the next, followed by Michigan State.

Neither can I. You can do that exercise with any other conference and it's hard to fathom.

The SEC sends a good chunk of players to the NFL, often in the top three rounds of the draft. That's pretty impressive.

I recall a couple of years ago, when Michigan and Cincinnati were in the CFP semifinals, they got drilled by Georgia and Alabama, respectively. Why? Michigan and Cincinnati, combined, had three five-star recruits. Alabama and Georgia had that many on its second team.

So this year, the SEC appears to have taken a step back, though it is still early. The pundits are already pounding the drums about how the PAC 12 is the best conference in the country today. Really? Half the teams are bailing out next year to join the Big 10 and I haven't seen any true demonstration that any of their teams are truly elite. Just check Saturday's scores.

Pundits are trying hard to shoehorn Texas in as a title contender, but on Saturday it lost to Oklahoma. The pundits are trying to sell us on Notre Dame this year. The Irish lost to Louisville Saturday.

Yes, the SEC has gotten off to a slow start. Two-time champ Georgia hasn't been particularly impressive. Florida may have blasted Tennessee in the Swamp (so what's new?), but it has been mediocre since then under Billy Napier's watch.

LSU has been offered as a playoff contender and its head coach Brian Kelly the next best thing since Bear Bryant, but Kelly does what he usually does: disappoints. The Tigers already have lost two games this year and I dare say they'll lose a few more.

Alabama seems like it has lost a bit on its fast ball. The Tide hasn't been particularly impressive this year and head coach Nick Saban bemoans the toll NIL has taken on the sport, that players aren't as motivated, so long as they are getting paid. He's got a point. Alabama has a few issues to fix, but it's still a pretty good team.

Texas A&M has been its usual disappointing self (and I write this as the Aggies prepare for their road trip to Knoxville this week). I think there's chaos in the A&M world right now, but you watch. A&M will have resolved all these issues before it's visit to Tennessee, as is often the case. Head coach Jimbo Fisher has a security blanket called a \$77 million buyout. Any disappointed Aggie fans will just have to hold their noses until that figure diminishes a bit.

Tennessee has demonstrated it's not the team it was even a year ago. The Vols appear sluggish, lost, not on the same page as they used to be. Florida's demolition of the Vols last month was a clear indication of this. Florida punched above its weight class in that game. Tennessee has not been impressive this year, even in wins versus Virginia, Austin Peay, and Texas-San Antonio. There were flashes of brilliance against South Carolina, but there is still much to fix. We'll find out just where Tennessee is when A&M visits Saturday.

Sure, the SEC may have taken a step back this year as a conference, but to regard the league as a second-tier bunch is a cavalier notion.

Ignore this league at your peril.

*Jim Steele is a correspondent for Magic Valley Publishing.*



**DISTRICT CHAMPS** – Back row, from left: Coach Jordan Vick, Kaylin Carlee, Febe Waldrum, Nicole Daugherty, Addison Cooper, Taryn Berry, Emma Pierce, Macy Dykes, Avery Wright, Kellie Trull, Coach Tracy Vick. Middle row, from left: Ana Cate Douglas, Miley Hartney, Brook Needham, Abbi Grace Wallace, Sadie Fry, and Lauren Pierce. Front row, from left: Faith Wallace, Camryn Burke, and Brilee Weatherly.

## Camden Volleyball wins District

By Adam Blackburn

On Tuesday, Oct. 3, for the eighth time in the past nine seasons, the Camden Volleyball team captured the district tournament championship to advance to the regional tournament.

The tournament was held at Hickman County High School, and it required the Lady Lions to win a semifinal game and the championship game in the same night. With the team having lost their final regular season game at Waverly, they were ready to get back on the court to claim the district championship.

"The girls knew we needed to be locked in and focused in order to win that first-place trophy at the end of the night," said Coach Jordan Vick. "They practiced with heart, grit, and determination every day working on the necessary things to help us win."

The one-seeded Lady Lions played East Hickman in the semifinal and made quick work of the Lady Eagles in three straight sets. It was obvious from their determination that the team was eager to play their best and win the night.

The semifinal win set up a championship match with a familiar foe – the Waverly Lady Tigers. The perfect script might have been a sweep of the Lady Tigers to bring home the district title, but the team once again had to dig deep.

Waverly took the first set, but Camden fought back. The grit that Vick has instilled in the team all sea-

son proved valuable, as they dug deep and bounced back to win the next three sets. Camden took the match 3-1 to bring home another district championship!

"You could see in the girls' eyes after that first set that the game was not going to end without a battle," said Vick. "I was so proud of the girls for playing together as one team with heart and determination. That's what it's going to take to continue our season at regionals."

Several Camden players were recognized for their strong play in the tournament and all season. Camryn Burke, Emma Pierce, and Brilee Weatherly received All District honors for consistently good play all season long. Varsity players Nicole Daugherty, Ana Cate Douglas, and Faith Wallace won All Tournament honors, while Pierce was named All Tournament MVP.

This adds to the JV All Tournament honors received by JV players Macy Dykes, Miley Hartney, and Abbi Grace Wallace on Sept. 30.

Although scores were not available at press time, the region tournament was held at Harpeth High School on Tuesday, Oct. 10. Camden played Merrol Hyde Magnet School in an elimination game. With a win, the team would advance to the region championship that same night to play the winner of the Harpeth versus Waverly game.

The top two teams in the region tournament advance to the sectional game on



**VARSITY ALL TOURNAMENT** – From left: Faith Wallace, Tournament MVP Emma Pierce, Ana Cate Douglas, and Nicole Daugherty.



**VARSITY ALL DISTRICT** – From left: Emma Pierce, Camryn Burke, and Brilee Weatherly.



**JV ALL TOURNAMENT** – From left: Miley Hartney, Abbi Grace Wallace, and Macy Dykes.

Thursday, Oct. 12, at a site next week's *Chronicle* to be determined. Pick up read about the results.

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## Camden Golf season ends at region tourney

By Adam Blackburn

The season came to an end on Monday, Oct. 2, for Camden Golf in the region tournament held at Ted Rhodes Golf Course in Nashville. Despite strong efforts from all involved, none of the young players from Camden advanced to the upcoming state tournament.

A young group with no seniors on the roster, the team exceeded expectations this season with a district runner-up finish at Montgomery Bell State Park and a team region appearance at Ted Rhodes.



**REGION EFFORT** – Camden golfer A.J. Dobson competes at the region tournament in Nashville.

*Please see GOLF, page 8B*



SPORTS

# Apply now for early waterfowl hunts

TWRA reminds everyone that the application period for the 2023 Early Season Waterfowl Hunts will end on Tuesday, Oct. 17, at 11:59 p.m.

Applications can be made online at <https://quotahunt.goooutdoorstennessee.com>, the TWRA mobile app, TWRA region offices, or any TWRA license agent. Mailed applications will not be accepted. Applicants must be at least 16 years old. Detailed application instructions, WMA locations, and general waterfowl quota hunt information are available on the TWRA website on the Quota Hunts page.

A person may only submit one application, that can include up to 48 unique hunt choices; hunt choices may not be repeated. Qualifying parties must have at least four members, with a maximum of eight.

A party must be estab-

lished by a party leader who will select the hunt choices for the entire party. A party number will be assigned to the leader after the application has been submitted. The leader informs the person(s) wishing to join the party of the party number. The members will choose "join a party" on their application and input the leader's party number onto their application.

TWRA's priority drawing system gives one priority point (maximum of 1 point) to applicants each year they apply and are not successful for any hunt. Applicants who were successful last year will start over with a priority of zero. If applicants in a party have varying priority points, the party will assume the point status of the highest point of the party. If a party is unsuccessful, each party member's individual priority will increase by 1 point.

A successful applicant may bring up to seven additional hunters (guests) of their choice, each day of the hunt. The number of adults in a blind or pool may not exceed eight, one of which must be a permit holder. No additional party members can be added after the drawing. Permits are nontransferable.

Successful applicants will receive an email with instructions to log-in and claim their permit before Oct. 30. Each party member must claim their own permit. Permits will be available to print after the permit has been claimed.

Individuals in the party that fail to claim their permit forfeit their individual permit but may still hunt with a permit holder in attendance at the blind. If the entire party fails to claim their permits, the site location will be forfeited.



## Orders now being accepted for Division of Forestry tree seedlings

The Tennessee Department of Agriculture's Division of Forestry (TDF) is offering more than 30 varieties of tree and shrub seedlings for reforestation and conservation projects. TDF's East Tennessee Nursery in Delano is accepting orders until April 1, 2024 or while supplies last.

"Our forests are an important economic, cultural, and recreational resource in Tennessee," said State Forester David Arnold. "The East Tennessee Nursery cultivates native species that help ensure the long-term sustainability of our forests and provide timber, wildlife habitat, clean water, and recreational opportunities for generations to come."

The nursery sells in bulk at affordable prices. "It is unique in its mission to serve the public and support large-scale reforestation efforts with native species that flourish," TDF Reforestation Unit Leader and Nurs-

ery Manager Gina Sowders said.

A variety of cost share programs offering financial assistance for seedling purchases are available to qualified landowners. Each program has its own eligibility requirements and limited quantities.

•Trees for Tennessee, sponsored by Huber Engineered Woods, is designed to expand pine regeneration on recently harvested land and fallow fields.

•Beam Suntory's sponsorship program promotes the purchase of white oak trees.

•Play.Plant.Preserve., sponsored by D'Addario, promotes the sustainability of hardwood resources, particularly hickory and oak, in Tennessee.

•Tree City USA sponsors a program that assists cities and towns seeking to grow urban and community forests.

•The White Oak and Shortleaf Pine Initiatives as-

sist landowners in purchasing white oaks and shortleaf pines.

To learn more about online seedling sales and associated financial assistance and cost share programs, visit [www.planttrees.org](http://www.planttrees.org) or contact your local area forester at [www.tn.gov/agriculture/forests/staff](http://www.tn.gov/agriculture/forests/staff).

Landowners also may qualify for cost share opportunities for hardwood and softwood seedling purchases through the Tennessee Agricultural Enhancement Program (TAEP). For information about TAEP, visit [www.tn.gov/agriculture/forests/landowners/financial/taep-for-forest-landowners](http://www.tn.gov/agriculture/forests/landowners/financial/taep-for-forest-landowners).

TDF protects Tennessee's forests and promotes the responsible use of forest resources. The division also works to promote primary and secondary forest industries to stimulate the state's economy. Visit [www.tn.gov/agriculture/forests](http://www.tn.gov/agriculture/forests) for more information.



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## Funny Flyers

It's a bird! It's a plane! It's a squirrel!???

### Do they really fly?

How do some squirrels fly? They don't have wings like birds.

The flying squirrel has a flap of skin that stretches from its front legs to its hind legs. When it stretches out its legs, these skin flaps form "wings." The squirrel uses these to glide from tree to tree.

**Standards Link:** Life Science: Animals have external features that help them thrive in different kinds of places.

### Squirrel Flight Plan

Flying squirrels use their tails to change direction and even move up and down. They turn and dive like stunt pilots and even turn somersaults! Using their tails as brakes, they land feet first and sink their sharp claws into the bark of a tree.

After landing in a tree, they climb up higher in the tree and look around for the next landing.

**Standards Link:** Life Science: Adaptations in physical structure improve an animal's chance for survival.

### Climb & Spell!

Use the letters on the acorns to make new words as you climb the trees.

— I G	C _ N E	— A M E
D _ G	C A _ E	— A M E
— O G	— A G E	T A _ E
— L O G	P A G E	T A K E

P D I C N O G M S

### High-Flying Facts

Use the code to learn some amazing facts about the flying squirrel.

Flying squirrels can glide as far as  $\frac{1}{2}$  foot (  $\frac{1}{2}$  meters).

Flying squirrels live in the forests of Asia, Europe and North America. Most of them grow to be  $\frac{1}{2}$  to  $\frac{3}{4}$  inches long (  $\frac{1}{2}$  to  $\frac{3}{4}$  centimeters).

Some Asian flying squirrels grow to be more than  $\frac{1}{2}$  foot long (  $\frac{1}{2}$  meter)!

**SECRET CODE:**  
0 1 2 3 4 5 6 7 8 9

**Standards Link:** Word Analysis/Phonemic Awareness: Distinguish sounds in words.

How many leaves can you count on this page?

### Mom Saves the Day!

One day, when a squirrel came back to the cozy hole in the oak tree where her little babies were, she saw a frightening sight. A lumberjack was in the tree, a limb off. In horror, she watched him pull her four hairless babies from the nest. She knew she would have to act fast!

Not a moment, she climbed the tree, then up the man's pant leg and grasped one of her babies in her mouth.

She then higher and sailed with her baby 86 feet across the river. She the baby up to a hole in another tree. She did this again and again until all of her babies were safe.

sawing
carried
wasting
climbed
sleeping
mother

Find where each word belongs in this story.

**Standards Link:** Life Science: Describe similarities and differences in the behavior of animals.

### Long Leaps!

Use the columns in the newspaper as guides to cut out long strips of paper. Measure your newspaper strips and line them up to show the number of feet (or meters) a flying squirrel can glide.

**Standards Link:** Measurement: Use standard and non-standard units to measure.

### Kid Scoop Puzzler

B S E I R N R S

#### Flying Squirrel Feast

The flying squirrels are having a feast, but which foods will they eat? Start with the letter in the square and read every other letter in the border to find out what foods flying squirrels like to munch. Then circle those foods.

**Standards Link:** Reading Comprehension: Follow simple written directions.

### Proof It!

Are you an eagle-eyed reader? Read the paragraphs below and circle the sentences you find. Then rewrite the paragraphs correctly on the lines below or a separate sheet of paper.

#### Squirrel Surprise

Last Saturday, I was raking up the leaves in my backyard. Two squirrels were chasing each other from branch two branch in our tree. They raced around the trunk of the tree and onto the lawn.

My dog Jethro started running across the lawn toward the tree and barking loudly. The two squirrels scrambled up to the highest branch of the tree.

As I went back to raking leaves, an acorn bonked poor Jethro on the head.

Did the squirrels throw that acorn? I'll never no, but they sure seemed to be giggling!

### Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

FLYING	R O R R O H S K I N
TREE	S U D E P S A R G S
EAT	R E V I R G M S N A
AMAZING	E A T I G B C A Z L
GRASPED	R K Y V M D A L A E
SAILED	T L W I P S I C M D
CLIMB	F Z L K N I S V A R
DIVE	B C O U N T D R E A
CLAWS	
HORROR	
SINK	
RIVER	
COUNT	
SKIN	
ACT	

**Standards Link:** Letter sequencing; Recognizing letterical words; Sight and scan reading; Initial spelling patterns.

### FROM THE LESSON LIBRARY

#### Talking Pictures

Cut out pictures from the newspaper and paste them on paper. Write words for the people, animals or objects in the pictures to say. Draw "talking bubbles" around the words to create comics.

**Standards Link:** Reading Comprehension: Answer questions about information found in the text.

---

#### Write On!

#### Up in the Air

Up in the air, it's a bird, it's a plane, no it's ...

Finish this story about something flying through the air.

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SPORTS

# FOOTBALL CONTEST!

## Goodman wins tie-break

Great minds thought alike one again in the fall football contest for week eight. Alice Hicks, of Camden; Mike Hensley, of Camden; and Ranson Goodman, of Springville; all made 14 correct picks last week. Of the three, Goodman came closest to the tie-break answer to claim the prize!

On the tie-break, Hicks guessed 63, Hensley wrote 62, and Goodman picked 56 as the high score among the 16 contest games last week. The high score of 55 came in the Munford 55-20 win over Brighton.

If you didn't win this week, take another chance by filling out the ballot on page 3B. There are nine high school and seven college games to take a chance on. Any cancelled games will count as correct answers.

The contestant with the most picks will win the check for \$25, so test your skill at choosing 16 winners for next week. Remember to mark an answer for the tie-break question, and be sure to get your completed form to *The Chronicle* office by Friday at 5 p.m.

# CHS Senior Spotlight

## Senior Athletes Q&A

**Q: What do you enjoy most about your sport?**

**A:** The thing I enjoy most about cheerleading is the stunts. I like stunts the most because we have to work as a group to get them accomplished. It takes hard work from each girl on the team to make the stunt possible. I also love stunts because when we succeed, we all are so proud of our team.

**Q: What is your favorite memory cheering for CHS?**

**A:** I have so many great memories. My favorite is getting the Pin-It-Forward Award at UCA Cheer Camp during my junior and senior years. This award is given to cheerleaders who exemplify "Why America needs cheerleaders." Some of the qualities they look for are leadership by setting a good example, going above and beyond

in classes, displaying great spirit every day, and being passionate for the sport.

**Q: What goals do you have for your senior year?**

**A:** "I have two goals for my senior year. One of them is to make memories with my teammates that I will never forget, and my second is to perform my back handsprings all the way down the court during basketball season."

**Q: What is your favorite class in school?**

**A:** My favorite class is yearbook. I love capturing moments with my classmates throughout the school year. Yearbooks are something very special that we can look back on in the future. My favorite thing is taking pictures at school, sporting events, and community projects.

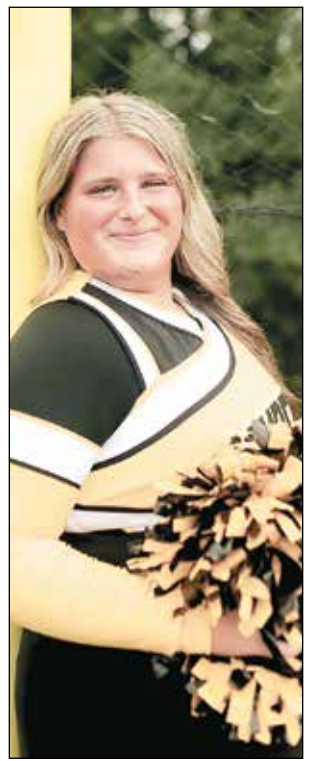
**Q: What is something interesting about you?**

**A:** I have my own pet-sitting business. I started this in 2019 as a fun thing to do, because I love animals. I never thought that I would still be doing it four years later! I enjoy being able to love on other people's animals while they are away on vacation. I started with only dogs and cats, but by now, I have watched horses, lizards, birds, guinea pigs, and more!

**Q: What future plans do you have after graduation?**

**A:** I plan to attend the University of Tennessee at Martin.

**Coach's Comments:** Marilyn Fowler said, "Livia is a very talented cheerleader and more importantly, a great young lady! She is smart, responsible, and dependable."



**Livia Comuzie**  
CHS Cheerleader

# The CAMDEN CHRONICLE FOOTBALL CONTEST 2023

**CONTEST RULES:** For your opportunity to win \$25 cash, look inside sponsor ads on this page to find numbered games. Select the teams you think will win each of the games. List your picks in numerical order in the corresponding numbered blanks below. Don't forget to choose a high-point tie breaker (the most points you think a single team will score). Turn your entries in to The Camden Chronicle PO BOX 899 Camden, TN 38320 or drop your entry into the entry box at 144 West Main St by 5 p.m. on Fridays. All mailed entries must be postmarked before 5:00 p.m. on Friday to be eligible. *Winners will be named in the next week's newspaper. First place winners will become eligible to enter a \$250 prize drawing at the end of the season. Everyone who enters the contest will become eligible to enter a drawing for two \$25 prizes at the end of the season. LIMIT ONE ENTRY PER PERSON.*

11. Auburn at LSU

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3. _____	9. _____	15. _____
4. _____	10. _____	16. _____
5. _____	11. _____	
6. _____	12. _____	

The most points to be scored by any one contest team in a contest this week: \_\_\_\_\_

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## PUBLIC NOTICES

**SUBSTITUTE TRUSTEE'S SALE**

Sale at public auction will be on **November 15, 2023 at 11:00AM local time**, at the south door, Benton County Courthouse, 1 East Court Square, Camden, Tennessee pursuant to Deed of Trust executed by Dwayne Vackar and Amanda Vackar, to Donald K Holsinger, Jr, Trustee, as trustee for Mortgage Electronic Registration Systems, Inc. as nominee for FirstBank on March 25, 2014 at Record Book 247, Page 733, Instrument No. 82071; conducted by LLG Trustee TN LLC, having been appointed Substitute or Successor Trustee, all of record in the Benton County Register's Office. Default has occurred in the performance of the covenants, terms, and conditions of said Deed of Trust and the entire indebtedness has been declared due and payable.

Party Entitled to Enforce the Debt: Wells Fargo Bank, N.A., its successors and assigns.

The real estate located in Benton County, Tennessee, and described in the said Deed of Trust will be sold to the highest call bidder. The terms of the said Deed of Trust may be modified by other instruments appearing in the public record. Additional identifying information regarding the collateral property is below and is believed to be accurate, but no representation or warrant is intended.

Street Address: 274 Washington Ave, Camden, Tennessee 38320  
Parcel Number: 073K B 029.00

Current Owner(s) of Property: Amanda J. Vackar and Dwayne Vackar

This sale is subject to, without limitation, all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory right of redemption of any governmental agency, state or federal; any prior liens or encumbrances including those created by a fixture filing or any applicable homeowners' association dues or assessments; all claims or other matters, whether of record or not, which may encumber the purchaser's title and any matter that an accurate survey of the premises might disclose.

The following parties may claim an interest in the above-referenced property to be affected by the foreclosure: any judgment creditor or lien holder with an interest subordinate to the said Deed of Trust or any party claiming by, through, or under any of the foregoing. Such parties known to the Substitute Trustee may include: Carroll Bank & Trust.

Terms of Sale will be public auction, for cash, free and clear of rights of homestead, redemption and dower to the extent disclaimed or inapplicable, and the rights of Dwayne Vackar and Amanda Vackar, and those claiming through him/her/it/they.

Any right of equity of redemption, statutory and otherwise, and homestead are waived in accord with the terms of said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee.

The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. **If you purchase a property at the foreclosure sale, the entire purchase price is due and payable at the conclusion of the auction in the form of a certified/bank check made payable to or endorsed to LOGS**

**Legal Group LLP. No personal checks will be accepted. To this end, you must bring sufficient funds to outbid the lender and any other bidders. Insufficient funds will not be accepted. Amounts received in excess of the winning bid will be refunded to the successful purchaser at the time the foreclosure deed is delivered.**

This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. This sale may be rescinded only by the Substitute Trustee at any time. If the Substitute Trustee rescinds the sale, the purchaser shall only be entitled to a return of any money paid towards the purchase price and shall have no other recourse. Once the purchaser tenders the purchase price, the Substitute Trustee may deem the sale final in which case the purchaser shall have no remedy. The real property will be sold AS IS, WHERE IS, with no warranties or representations of any kind, express or implied, including without limitation, warranties regarding condition of the property or marketability of title.

This office may be a debt collector. This may be an attempt to collect a debt and any information obtained may be used for that purpose.

LLG Trustee TN LLC  
Substitute Trustee  
10130 Perimeter Parkway,  
Suite 400  
Charlotte, NC 28216  
Phone (704) 333-8107  
Fax (704) 333-8156  
File No. 19-119081

09/28-10/05, 12

**NOTICE OF MEETING**

The Board of Commissioners of the West Tennessee Public Utility District will meet in regular session on Thursday October 12, 2023 at 12:30 p.m. in the offices of the District at 14055 Paris St. Huntingdon, Tennessee.

10/05, 12

**State of Tennessee**  
**Benton County Probate**  
**Division**  
**NOTICE TO CREDITORS**  
**As Required by TCA**  
**§30-2-306**  
**Case No. 4869**

Estate of **JAMES HAROLD COLE**, Deceased

Notice is hereby given that on the 29<sup>th</sup> day of September, 2023, letters of testamentary (or of administration as the case may be) in respect of the estate of **James Harold Cole**, who died June 18, 2023, were issued to the undersigned by the Clerk and Master of Benton County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above-named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this Notice to Creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the Notice to Creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in

(1) (A); or  
(2) Twelve (12) months from the decedent's date of death.

All persons indebted to the above Estate must come forward and make proper settlement with the undersigned at once.

Melody Cole Reid  
Executor

Mark Randall Cole  
Executor

09/18/2023

John W. Whitworth  
Attorney

09/18/2023

Timothy R. Burrus  
Clerk and Master

09/29/2023

10/12, 19

**State of Tennessee**  
**Benton County Probate**  
**Division**  
**NOTICE TO CREDITORS**  
**As Required by TCA**  
**§30-2-306**  
**Case No. 4870**

Estate of **MICHAEL EDWARD BILLINGTON**, Deceased

Notice is hereby given that on the 29<sup>th</sup> day of September, 2023, letters of testamentary (or of administration as the case may be) in respect of the estate of **Michael Edward Billington**, who died July 26, 2023, were issued to the undersigned by the Clerk and Master of Benton County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above-named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this Notice to Creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the Notice to Creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

All persons indebted to the above Estate must come forward and make proper settlement with the undersigned at once.  
Date: 09/29/2023

Michael Shane Billington  
Administrator  
Charles L. Hicks  
Attorney  
Timothy R. Burrus  
Clerk and Master

10/12, 19

**State of Tennessee**  
**Benton County Probate**  
**Division**  
**NOTICE TO CREDITORS**  
**As Required by TCA**  
**§30-2-306**  
**Case No. 4871**

Estate of **CAROLYN A. TROUTT PEEBLES**, Deceased

Notice is hereby given that on the 29<sup>th</sup> day of September, 2023, letters of testamentary (or of administration as the case may be) in respect of the estate of **Carolyn A. Troutt Peebles**, who died August 3, 2023, were issued to the undersigned by the Clerk and Master of Benton County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above-named Court on or before the earlier of the dates prescribed in (1) or

(2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this Notice to Creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the Notice to Creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

All persons indebted to the above Estate must come forward and make proper settlement with the undersigned at once.

Elizabeth Chappell  
Administrator

09/28/2023

John W. Whitworth  
Attorney

09/28/2023

Timothy R. Burrus  
Clerk and Master

09/29/2023

10/12, 19

**State of Tennessee**  
**Benton County Probate**  
**Division**  
**NOTICE TO CREDITORS**  
**As Required by TCA**  
**§30-2-306**  
**Case No. 4872**

Estate of **JAMES ROBERT PEEBLES**, Deceased

Notice is hereby given that on the 29<sup>th</sup> day of September, 2023 Letters of Testamentary in respect of the estate of **James Robert Peebles**, who died August 3, 2023, were issued to the undersigned by the Clerk and Master of Benton County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk of the above-named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this notice if the creditor received an actual copy of this Notice to Creditors at least sixty (60) days before date that is four (4) months from the date of the first publication (or posting); or (B) Sixty (60) days from the date the creditor received an actual copy of the Notice to Creditors, if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

All persons indebted to the above Estate must come forward and make proper settlement with the undersigned at once.

Kim Moczynshi  
Personal Representative

09/13/2023

Michael L. Ainley  
Attorney

09/13/2023

Timothy R. Burrus  
Clerk and Master

09/29/2023

10/12, 19

**NOTICE**

The North Utility District of Decatur & Benton Co., TN Board of Commissioners meeting will be held Monday October 16, 2023, at 4:00 p.m. at the district office located at 6448 Highway 641 North, Parsons.

10/12

**CITY OF CAMDEN**  
**NOTICE OF BEER BOARD MEETING**

The City of Camden Beer Board will meet at Camden City Hall on Monday, October 23, 2023 at the hour of 8:00 a.m. The purpose of the meeting is to hear the application for Beer Permit from: DOLGEN CORP LLC  
*Dbas: Dollar General Store #25586*  
*182 W Main St*  
*Camden, TN 38320*

All interested citizens are invited to attend and comment.

Kathy Hollowell  
City Clerk

10/12

**NOTICE OF MEETING**

**Benton - Decatur County Special Sewer District Meeting at the North Utility District**  
Friday, October 20<sup>th</sup>, 2023 at 8:30 A.M.

10/12, 19

**IN THE GENERAL SESSIONS COURT FOR BENTON COUNTY, TENNESSEE AT CAMDEN**

**MORRISSA FRASHER Plaintiff,**

vs.

**JESSICA HILLIARD and CHARLIE LADD Defendants.**

**DOCKET NO. 23-CV-206**

**ORDER OF PUBLICATION**

It appearing to the Court from the Motion heretofore filed in this cause that the whereabouts of the Defendants, namely, Jessica Hilliard and Charlie Ladd, are presently unknown and cannot be ascertained upon diligent inquiry, so that ordinary process of law cannot be served upon them. Therefore, this Order of Publication should be published in the Benton County Camden Chronicle newspaper located in Camden, Benton County, Tennessee, as the best possible notice to the Defendants under the circumstances.

Defendants, Jessica Hilliard and Charlie Ladd, are hereby required to appear and file an Answer with Sam Rainwaters, the Clerk of the Benton County General Sessions Court, Benton County Courthouse, 1 Court Square, Camden, Tennessee, or otherwise Defend against the Civil Warrant and to serve an Answer to said Civil Warrant by November 29, 2023 which is (30) days from the last day of publication of this notice, and send a copy of said Answer to Jack A. Leonard, Attorney for Plaintiff in this cause, whose address is 100 South Forrest Avenue, Post Office Box 130, Camden, Tennessee 38320, or default Defend against the Civil Warrant and to serve an Answer to said Civil Warrant by November 29, 2023 which is (30) days from the last day of publication of this notice, and send a copy of said Answer to Jack A. 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CLASSIFIEDS | RECORDS | PUBLIC NOTICES

**PROTECT**  
WHAT MATTERS MOST

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

**FREE**  
7-Year Extended Warranty!  
A \$735 Value!

SO MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(731) 666-8692**

**GENERAC**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**EMPLOYMENT OPPORTUNITY**

Benton County Government is currently accepting resumes for a **MAINTENANCE TECHNICIAN**

Work Schedule: 8 a.m.-4 p.m., Tue. through Sat. Turn in a copy of timesheet to the airport manager at the end of each pay period. Notify the Airport Manager of any time-off: vacation, personal or sick leave absence.

- Perform a variety of grounds and building maintenance, general equipment maintenance, basic carpentry, painting, light plumbing and light electrical work.
- Perform all necessary maintenance on airport equipment and vehicles and log in maintenance folder. Any necessary parts/repairs needed must be submitted to the airport manager in writing.
- Perform grounds maintenance duties including mowing, bush-hog, spraying, cutting brush, trimming trees, planting and pruning trees and bushes, and various other landscaping duties.
- Responsible for fueling all aircraft arriving at the fuel farm during scheduled hours.
- Conduct daily airport inspections to ensure the airport property is safe for aircraft operations. The daily airport inspection tasks include ensuring proper operation of runway and taxiway lights, runway is clear, picking up trash and debris, noting maintenance and repair needs of airport buildings and facilities. Any issues/concerns discovered in the inspection must be given in writing to the airport manager immediately in order to file the appropriate NOTAM.
- Perform required/necessary repairs, upgrades, and preventive maintenance on all hangars, and airport owned buildings.
- Repair of fences and signs
- Complete fuel farm safety and quality control training certification courses.
- Maintain shop area and equipment in clean and safe condition; secure all tools and equipment.
- Perform daily, weekly, and monthly inspections on the fuel farm and complete appropriate paperwork.
- Flexibility in job duties is necessary due to unforeseen circumstances.

The Mayor is the responsible party for the Airport. The Maintenance Technician is to assist and fulfill all duties assigned to him by the Airport Manager. The County Attorney and Airport Board are there to assist the Mayor and Airport Manager with the operation and management of the Airport and its property.

Interested parties should submit a resume to:  
Benton County Mayor's Office  
Attn: Charles W. Cooper  
charles.cooper@bentoncountyttn.gov

or  
1 Court Square, Room 102  
Camden, TN 38320

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7:30 - ?  
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**County Commission to meet Oct. 16**

The Board of Commissioners for Benton County will meet in regular session on Monday, Oct. 16, at the Benton County courthouse at 6 p.m. No guests are scheduled to speak at the meeting, although at their request, any citizen may speak during the citizens' forum.

One of the first actions of the night will be to seek nominations for a vacant District 6 seat on the Benton County Board of Education. Once nominees are announced, the commission will vote to decide who will be the replacement 6th District School Board Member.

The report of public utilities and notary candidates will be reviewed for approval as usual. Other resolutions to be considered include:

- Appoint Frank Lashlee Jr. to the Solid Waste Board.
- Re-appoint Jimmy Keniston and appoint Misty Warren and Spencer Berry to the Parks and Recreation Board.
- Budget \$100,000 from the sale of the "tank building" as a contribution to the Benton County Industrial Development Board for use in their ongoing efforts of industrial recruitment.
- Budget \$315,000 from

the sale of the "tank building" to replace funds from an EMA site development grant.

- Budget \$85,000 from the sale of the "tank building" to replay loan funds spent on the property's purchase.
- Budget \$46,599 from the sale of the "tank building" for site development.
- Budget \$1,345.02 to the sheriff's budget.
- Budget \$24,644 for the replacement of locks in the Benton County Jail.
- Budget \$84,632.63 of school security grant funds to the schools' budget.
- Transfer \$2,621.96 within the schools' budget.
- Appropriate \$500 to pay for additional custodial duties in county buildings maintenance.
- Appropriate \$600 to the airport's budget for unemployment line item.
- Appropriate \$1,306 to the solid waste manager's payroll for unemployment/retirement line items.
- Appropriate \$158,926 for various expenditures in the schools' budget.

Anyone who cannot attend can view the meeting live at [www.facebook.com/BentonCoTN](http://www.facebook.com/BentonCoTN). For more information, contact the Benton County Mayor's Office at 731-584-6011.

**BENTON COUNTY SHERIFF'S REPORTS**

**Arrests from 9/29-10/5/23:**

**Kristen D. Clendennin**, 44, 1785 McKelvy Rd., Camden. Two counts possession of stolen property, possession of prohibited weapons, possession of unlawful drug paraphernalia.  
**Jason Daniel Cox**, 447 Pinson Ln., Big Sandy. Assault on a minor.  
**Danielle Lynn Darnell**, 41, 11630 Hwy. 641 N., Holladay. Simple possession of schedules II meth and fentanyl and VI marijuana, possession of unlawful drug paraphernalia.

**Kristi Leigh Ezell**, 47, 144 Kozy Ln., Camden. Domestic assault, simple possession of schedules II hydro and VI marijuana.

**Gavin James Green**, 25, 273 Rose St., Lobelville. Theft of vehicle.

**Randy Alan Luther**, 35, 328 Woodlong Ave., Huntingdon. Possession of schedule II meth and fentanyl with intent, possession of unlawful drug paraphernalia, criminal trespass, public intoxication, disorderly conduct, tampering with evidence, introduction of contraband

into a penal facility.

**Michael Shane Peach**, 48, 359 Reynoldsburg Rd., Camden. Simple possession of schedules II meth and fentanyl and VI marijuana, possession of unlawful drug paraphernalia, aggravated assault, harassment, violation of a domestic order of protection.

**Jamichael Trevelle Ralston**, 29, 591 N. Forrest Ave., Camden. Domestic assault.

**Sandra Ann Sayles**, 42, 193 E. Lake St., Camden. Violation of sentence.

**Robert Phillip Stelter**, 39, 200 Dogwood Dr., Holladay. Simple possession of schedule VI, possession of unlawful drug paraphernalia.

**Stanley Corey Westphal**, 33, 4456 Friday St., Springbrook, WI. DUI.

**Joshua Scott Wren**, 24, 553 Camden Bay Rd., Camden. Theft up to \$2,500, possession of a firearm during the commission of a felony.

**BIG SANDY POLICE REPORTS**

**Arrests from 9/29-10/5/23:**

**Ben Culp Partain**, 39, 13740 Hwy. 69 N., Cottage Grove. Manufacture/deliver/ sale/ possession of schedule II meth, three counts simple possession/casual exchange, possession of unlawful drug paraphernalia, fabricating/tampering with evidence.  
**Alexandria Nichole Scronce**, 27, 5541 Lower Big Sandy Rd., Big Sandy. Possession of schedules II fentanyl and VI with intent, felony possession of unlawful drug paraphernalia, simple possession of schedule III steroids, possession of a firearm during the commission of a felony, two counts aggravated child endangerment.

ful drug paraphernalia, possession of a firearm during the commission of a felony, two counts aggravated child endangerment.

**Tanner Grey Scronce**, 30, 161 Depot St., Big Sandy. Possession of schedules II fentanyl and VI with intent, felony possession of unlawful drug paraphernalia, simple possession of schedule III steroids, possession of a firearm during the commission of a felony, two counts aggravated child endangerment.

**PUBLIC NOTICES**

*From 4B*

notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or

(2) Twelve (12) months from the decedent's date of death.

All persons indebted to the above Estate must come forward and make proper settlement with the undersigned at once.

Kevin Wayne Clark  
Administrator  
10/03/2023  
John W. Whitworth  
Attorney  
10/03/2023  
Timothy R. Burrus  
Clerk and Master  
10/05/2023

10/12, 19

**NOTICE FROM BENTON COUNTY ELECTRIC SYSTEM**

The following is a list of inactive deposits and unclaimed checks held by the Benton Co. Electric System. Deposits and unclaimed checks are refundable to the executor of an estate, next of kin, or individuals with proper identification. These deposits and unclaimed checks will be turned over to the State of Tennessee if not claimed by November 1, 2023.

UNCLAIMED DEPOSITS		RICHARDSON,	
ALLEN, BRIDGET	\$ 300.00	JESSE & PATSY	\$ 300.00
ARNOLD, STEPHEN	\$ 300.00	RILEY, KENNETH	\$ 40.00
BAILEY, BARBARA	\$ 40.00	ROBERTS, CHRIS	\$ 40.00
BELL, TAMMY	\$ 25.00	SAAL, EUGENE	\$ 300.00
BIRKY, J T	\$ 40.00	SCOTT, JEAN	\$ 40.00
BUCHANAN, RON	\$ 40.00	SMITH, CAROL	\$ 300.00
BUTLER, JAMES	\$ 10.00	SONIC LTD CAMDEN	\$ 200.00
CAMDEN BOTTOMS BBQ	\$ 279.00	SOOTER, LARRY	\$ 40.00
CONN, CHRIS	\$ 40.00	SWANSON, KARY	\$ 300.00
CROCKETT, BRETT	\$ 40.00	TIDWELL, DANIEL	\$ 40.00
CROSS, SHANNON	\$ 200.00	TRUDEAU, ROBIN	\$ 40.00
DICKEY, WILLIAM	\$ 300.00	TURNER,	
DOERDELMANN, KEN	\$ 300.00	RACHEL OR CHARLES	\$ 200.00
DOUGLAS, TAYLOR	\$ 300.00	UPTAIN, APRIL	\$ 300.00
DUKE, MICHELE	\$ 300.00	WALKER,	
ELKINS, GLORIA	\$ 40.00	BILLY & JOAN	\$ 40.00
ENGLISH, LUCY	\$ 40.00	WATSON, JAMES	\$ 40.00
ESTATE OF		WEBB, CANDIDA	\$ 300.00
ROBERT STAVELY	\$ 25.00	WILSON, DONALD	\$ 40.00
FANNIE MAE	\$ 300.00	WISEMAN, SUSAN	\$ 40.00
FOUCHE, STEPHEN	\$ 300.00	WRIGHT, MARY	\$ 5.00
FOUCHE, STEPHEN	\$ 300.00	YORK, THAD	\$ 300.00
FRAUTOM, LINDA	\$ 40.00	ZUREK, KIMBERLY	\$ 25.00
FRAZEE, PAUL	\$ 40.00		
FUQUA, DAN	\$ 40.00	<b>UNCLAIMED PROPERTY CHECKS</b>	
GILBERT, DANNY	\$ 40.00	COLE, JEREMY	\$ 4.64
HAGLER, PHILLIP	\$ 40.00	DAVIS, WILLIAM	\$ 68.31
HANCOCK, JR JEROME	\$ 40.00	FENNER, DELORES	\$ 164.26
HARGIS, BETHANY	\$ 40.00	GRAY, MIRIAH	\$ 12.97
HARRIS, JERRY	\$ 300.00	HAYNES, TOMMY	\$ 103.46
HEWITT, CHRISTOPHER	\$ 300.00	HENDRIX, PAUL	\$ 12.65
HOLLAND, JANET	\$ 40.00	HERRON, FRANCES	\$ 13.03
HOLLAND, MADELINE	\$ 25.00	LONG, MICHAEL	\$ 13.03
HUDSON, KIM	\$ 5.00	LOPATA, JACOB	\$ 13.38
HURT, FREDRICK	\$ 25.00	MCDOWELL,	
HURT, FREDRICK	\$ 300.00	BETTY OR CLINTON	\$ 36.75
KEE, ASHLEY	\$ 300.00	MILLER, TIMOTHY	\$ 11.89
KRUEGER, DAVID	\$ 40.00	UPSHAW, BRETT	\$ 1.88
LAWRENCE, BILLY	\$ 40.00	WINCHESTER, MICHAEL	\$ 30.10
MCKISSICK, DAMION	\$ 300.00		
MOORE, SARAH	\$ 40.00		

**PUBLIC NOTICE**

THERE IS A VACANCY ON THE BENTON COUNTY SCHOOL BOARD IN THE 6TH DISTRICT DUE TO THE RECENT PASSING OF A MEMBER. ANY CITIZEN FROM THE 6TH DISTRICT INTERESTED IN TAKING THIS SEAT MUST BE IN ATTENDANCE AT THE COUNTY COMMISSION MEETING ON MONDAY, OCTOBER 16, 2023 AT 6:00 P.M. AT THE BENTON COUNTY COURTHOUSE, AND MAKE THE COMMISSION AWARE OF THEIR INTEREST IN THE POSITION.

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 email: [collision\\_specialist@yahoo.com](mailto:collision_specialist@yahoo.com)

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See, the former things have taken place, and new things I declare; before they spring into being I announce them to you.”  
 Isaiah 42:9

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**Chalk Level Baptist Church**  
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**Chalk Hill Baptist Church**  
 338 Chalk Hill Church Rd., Camden  
**Cross Roads Missionary**  
 55 Cross Roads Church Rd., Camden  
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 584-5590 (pastor's)  
**Eagle Creek Baptist Church**  
 780 N. Eagle Creek Road, Holladay  
**Eva Baptist Church**  
 Eva Road, Eva  
**Faith General Baptist Church**  
 1530 Birdsong Road, Camden  
**Faxon Baptist Church**  
 132 Pine Grove Road, Big Sandy  
 593-0788  
**First Baptist Church**  
 269 Post Oak Avenue, Camden  
 584-6061  
**First Baptist Church**  
 13510 Highway 69A, Big Sandy  
 593-3957  
**Flatwoods Baptist Church**  
 425 Flatwoods Church Dr., Holladay  
 584-1937  
**Grace Baptist Church**  
 226 Washington Avenue, Camden  
 584-6990  
**Holladay Baptist Church**  
 6920 Highway 192, Holladay  
**McDavid Grove Baptist Church**  
 10430 Highway 69 South, Springville  
 593-3230  
**McRae's Chapel Outdoorsmen Baptist Church**  
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**Ramble Creek Baptist Church**  
 70 Ramble Creek Cemetery Loop, Big Sandy  
 593-3936  
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**Sandy Point General Baptist Church**  
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 584-0795  
**Springville Baptist Church**  
 593-3864  
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 584-0804  
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 74 Stokes Road, Holladay  
 584-6351  
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 584-8815  
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 21 Pilot Knob Road, Eva  
**First United Methodist Church**  
 104 North Church Avenue, Camden  
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[CamdenFuMC@gmail.com](mailto:CamdenFuMC@gmail.com)  
[camdenfumc.org](http://camdenfumc.org)  
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584-3259  
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**Lick Creek United Methodist Church**  
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 277 Wynn Ferry Road, Big Sandy  
**Palestine United Methodist Church**  
 120 Palestine Church Road, Holladay  
**Pleasant Hill United Methodist Church**  
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**Poplar Grove United Methodist Church**  
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 593-0122  
**Post Oak United Methodist Church**  
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 584-0600  
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**New Beginning Ministries of Camden**  
 185 College Ave. Camden  
 Old School/annex building  
[nbm-thechurch4u.org](http://nbm-thechurch4u.org)  
**Independent Church of Big Sandy**  
 95 Main St., Big Sandy 678-861-0186  
**Christ Gospel Church**  
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**Cedar Grove Church**  
 Mt. Zion Road, Big Sandy

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 —Zephaniah 3:17

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 2 Thessalonians 3:16

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**2 Chronicles 7:14**  
 14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

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FAITH

# Identity Crisis



**Growing in Grace & Knowledge**  
Joseph Rhodes

Among the common struggles we go through in life, we all struggle from time to time with our identity. The struggle begins very early in life. When we're young our identity is formed by our perception of our parents. We exaggerate the images of our parents to fill our own needs. Then we begin our journey through high school. We're constantly trying to determine our identity. Do I have the right clothes or shoes? Do I have the right friends? Do I do the right activities? Who am I? In high school we get a degree in peer pressure. In college we get a graduate a degree in peer pressure and sometimes if we're not careful, peer pressure determines our jobs. It determines what we purchase, our priorities, and just about everything we do. It takes a wise person to determine between peer pressure and personal

interests. Not only do we struggle with a sense of identity as a person, but we struggle with a sense of identity in our institutions. That's just one big reason, of many, we don't like change. Being a part of an institution contributes to our identity and when change occurs it affects the institution. In turn, we feel threatened.

In places around the world today the church tends to be an institution. We speak of membership in the concept of being acknowledged as a member of a particular organization. The "membership" is determined by people who say a person is "in" or "out". When that happens within the Church, it is in direct conflict with Acts 2:47. Within this passage we see it is the Lord who adds to the number of the church and not men.

Christians tend to get more upset by the way worship is done, in a traditional sense, than how people behave in their daily lives. We get bent out of shape at such notions as; when does the prayer come? Is there too much prayer or too

little prayer? How many songs should we sing before the preacher speaks? Are the preacher's sermons too long or too short? When should we have the Lord's Supper? Should it be at the beginning, middle, last? So we get comfortable. In that comfort zone we say, if the right things are done in the right way at the right time by the right people within the right time frame, it's a good worship service. Therefore it must be a good congregation, with good elders, and a good preacher. So the institution is deemed good if it's institutionally correct. Then we feel the church is sound.

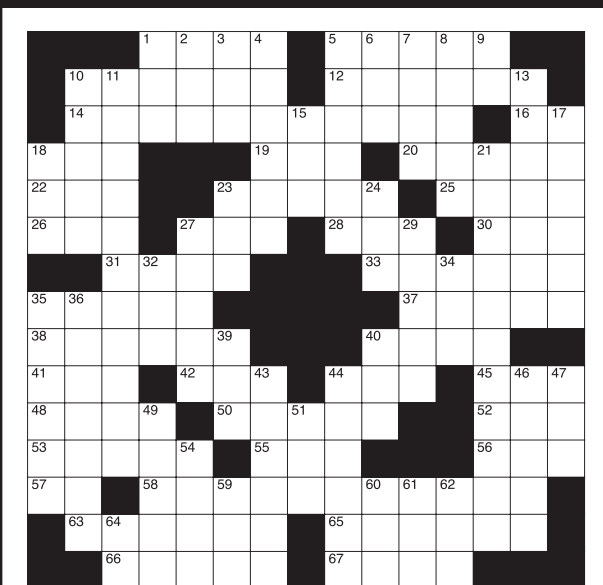
We've done "church of Christ" things in "Church of Christ" ways and we feel our identity is intact because we have declared "I AM CHURCH OF CHRIST". If you and I regard the institution as sound, then we regard ourselves as sound in the church. How does that concept fit with the church at Sardis as it was dying? They desperately needed to repent, but they had some worthy people there who had not soiled their garments (Revelation 3:1-4). Worthy Christians in an unsound congregation? How can that be? That doesn't fit with our idea of the church as an institution.

In Acts 2: 22-24, Peter spoke to a Jewish audience after Jesus died and was resurrected. In Acts 4: 8-12, when Peter & John had been arrested for their miracle of healing and for teaching about Jesus. When all the apostles were arrested by the Sanhedrin in Jerusalem, consider Gamaliel's advice to the counsel and the apostle's reaction in Acts 5:33-42. The same is true when the message was spoke to the Gentiles. Please read part of Peter's message to Cornelius and those assembled with him in Acts 10: 34-43. Consider the fact that the church was a saved people. It experienced "great fear" (Acts 5:11). It was persecuted (Acts 8:1). It could experience havoc (Acts 8:3). It could experience rest (Acts 9:31). It had ears (Acts 11:32). It could be mistreated (Acts 12:1). It could pray fervently (Acts 12:5). It could be gathered (Acts 14:27). It could bring people on their way (Acts 15:3) and receive them (Acts 15:4). It could be confirmed (Acts 15:41). It could be fed (Acts 20:28). Paul writings confirmed that the church was

people who entered Christ. Most of his letters were addressed to a specific place, even if it was as troubled as the church at Corinth. The church was not to be offended (1 Corinthians 10:32). It was persecuted (Galatians 1:13). Ephesians 5:29 tells us it was nourished and cherished.

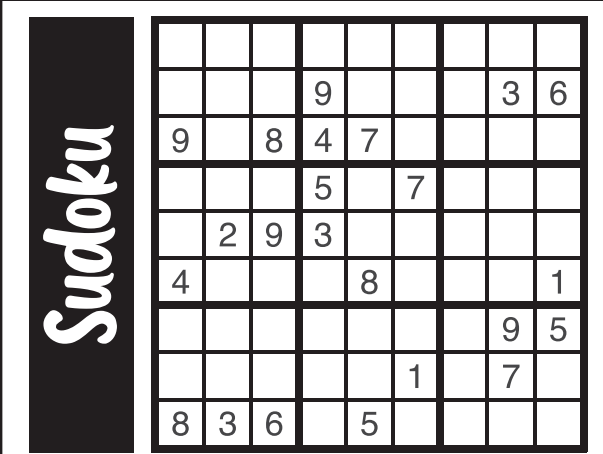
My point is not that Jesus and the Church should ever be separated. Christ is the head of the Church. My overall point is we should never reverse the roles and make the church something it was not in the New Testament. Jesus is the Savior. He and He alone can extend salvation as Peter explained in Acts 4:8-12. It is His blood that cleanses us of our sins. It is His resurrection that gives us the expectation of eternal life. The church is comprised of those who are saved by the Savior in the way the Father commanded in the scriptures. There is no other way except through Jesus Christ (John 14:6). We don't hold the power of salvation, and we don't take away sins. As the church, we are the saved who are excited, encouraged and uplifted about what we have received in Christ, we go about teaching others what His Word says. We go about fulfilling the commandments of the scriptures by teaching others about why Christ was sent by the Father. People are converted to Jesus and not to an institution. They are converted to the Savior to be part of the saved. They are not converted to be the Savior but to call people to the Savior. We allow Jesus to change our behavior so we can give glory to God. We live for Him so we can live lives in contrast to lives of godless sin in the world. What is the crisis? It is the crises when we preach and teach about the church as an institution instead of people. When we deliberately create the impression that the institution saves instead of Jesus and when we assume people know Jesus.

The result of the crisis is that people feel "spiritually safe" if they're a part of "the right" institution and the result is they exhibit very little faith in Jesus. They have little desire to change their behavior and they have little desire to involve their lives and their time in God. Jesus didn't die for an institution—He died so PEOPLE COULD BE SAVED.



- CLUES ACROSS**
1. Flat tableland with steep edges
  5. Byproduct of fire
  10. Talked
  12. Unique skill
  14. Unembarrassed
  16. Where teenagers go
  18. Boxing's GOAT
  19. Used to anoint
  20. Reproductive structure found in rust fungi
  22. Auburn great Newton
  23. Some are for Christmas
  25. Dried, split pulses
  26. Self
  27. Where to get your mail
  28. High schoolers' test
  30. Flightless bird
  31. Expectorated
  33. Practice of misrepresenting the truth
  35. Type of patch
- CLUES DOWN**
1. Licensed for Wall Street
  2. Partner to flow
  3. A very large body of water
  4. Accumulate on the surface of
  5. Central cores of stems
  6. Angry
  7. Spanish stew: \_\_ podrida
  8. Fastened with a pin
  9. On your way: \_\_ route
  10. Soviet labor camp system
  11. Enmities
  13. B complex vitamin
  15. Go quickly
  17. Toast
  18. A team's best pitcher
  21. Philly culinary specialty
  23. Small child
  24. Unhappy
  27. Trims away

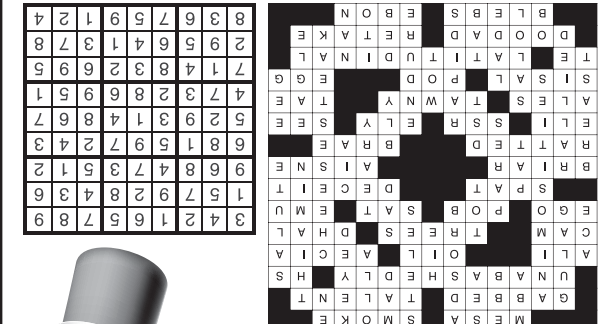
37. French river
  38. Told on
  40. Hillside
  41. Peyton's little brother
  42. Soviet Socialist Republic
  44. Progressive country musician
  45. Witness
  48. Brews
  50. Yellowish-brown
  52. Arctic explorers (abbr.)
  53. Mexican agave
  55. Type of "cast"
  56. Popular breakfast food
  57. Atomic #52
  58. Position north or south of the equator
  63. Gadget
  65. Another recording
  66. Irregular bulges in cell membranes
  67. Dark brown
29. Full of tears
  32. Touch softly
  34. Former OSS
  35. A person's chest
  36. Came from behind
  39. Fall back
  40. Nellie \_\_, journalist
  43. A part of a river where the current is very fast
  44. Weather
  46. Sports broadcaster Ian
  47. Electroencephalograph
  49. Phenyl salicylate
  51. Web of Things
  54. Ship goods as cargo
  59. The bill in a restaurant
  60. Young female
  61. OJ trial judge
  62. One's grandmother
  64. West Siberian river



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 U W A M E S H V V O V E N C O C H C O S L L  
 N S R U P S H A N S U E I E F T U P E T D A E  
 I O E H P E I G M C A M F T T G T A I L E  
 T D V M O L B E C A O D D A I R C M A P O O  
 Y C S E N T W O T O I R B C C M O P O O  
 Y G R T S E W I R S W M E N U I F M M P E  
 W T I H I R O G E I N F C W N M F V Y E  
 M R O I B N I A H B M H H A E Y G M C H T  
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| COMPASSION | HOARDING | TRAINING     |
| CRATE      | HUMANE   | VACCINATION  |
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| DISEASED   | PROTECT  | WELFARE      |



## Angel's food cake

**The Most Important Book in the World**

Randy Reed

Psalms 78:25 says that, "Man did eat angel's food". I'm not about to give out any recipe for cake, but God has some good ones! Here, the psalmist is referring back to the manna God fed Israel with in the wilderness. He's trying to get them to recognize his goodness and provision. So should we always appreciate the mercies of God which are new every morning.

This bread is a picture of God's wonderful word, on

which we should feed daily. Once Elijah was running from an angry Jezebel, who promised to have his head for his godly testimony and deeds. Elijah laid down, worn out in his spirit, exhausted, and maybe slightly confused. An angel came and fixed him a cake of "angel's food", and he went in the strength of that bread 40 days!

If that great prophet had to have heavenly food, how in the world do we expect to make it in this wicked, confused world, without feasting daily on God's holy word? God has strength and encouragement for you today. Just open your eyes and heart, and partake of the "angel's food cake" in your hand. God bless you.

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**Camden Church of Christ**

# Gospel Meeting

**October 22-25**

**Sunday morning service:**  
**Bible study 9 a.m., service begins at 9:50**  
*Potluck lunch following morning service followed by an afternoon service beginning at 1 p.m.*

**Monday, Tuesday, and Wednesday Services begin at 6:30 p.m.**  
*Potluck Wednesday at 5:30*

**Speaker will be Bill Watkins from Crieve Hall Church of Christ in Nashville.**

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SPORTS

# TWF offers outdoor workshops for West Tennesseans

The Tennessee Wildlife Federation (TWF) is reconnecting residents with the Tennessee outdoors through its hands-on hunting and fishing workshops. For the remainder of 2023, the Federation has several workshops scheduled across the state with some located in West Tennessee.

Designed to equip participants with essential skills, these workshops are ideal for becoming a self-reliant hunter or angler. No matter the specific topic, each workshop aims to address some of the biggest challenges faced by novice outdoorsmen and women, such as rules and regulations, access to land, and finding resources through the outdoors community.

“With so much opportu-

nity in the state, we want to empower our participants with the confidence needed to explore any outdoor pursuit they’re interested in,” said Jeb Beasley, Hunting and Fishing Academy manager. “Once they’ve had that first positive experience, we hope it’ll translate into a lifetime passion.”

The workshops are part of TWF’s Hunting and Fishing Academy, which offers Tennesseans opportunities to expand their knowledge and passion for the outdoors. Each workshop costs \$35.

In addition to workshops, the Hunting and Fishing Academy also provides free virtual classes for those looking to learn new skills and dust off old ones. All virtual classes are free, and anyone who registers will

receive a recording of the class afterward. To learn more and sign-up visit, [tnwf.org/academy](http://tnwf.org/academy).

Fly Fishing This workshop will be held in Memphis on Thursday, Oct. 19, from 6-8 p.m. Fly Fishing is one of the most captivating forms of outdoor recreation. However, it can also be intimidating to beginners. Our goal is to simplify the learning curve and help you start your fly-fishing career! During this two-hour workshop, you will learn about the components of a fly rod and reel, knot tying, and the basics of casting.

Register at <https://act.tnwf.org/a/memphis-fly-fishing-fy24-20231019>.

Waterfowl Hunting This workshop will be held in Tiptonville on Saturday, Dec. 9, from 1-4 p.m. In the winter thousands of migrating waterfowl make their way south, many of which make a stop in Tennessee. In this three hour in-person workshop we will cover everything you need to know to safely and successfully enjoy the sport of waterfowl hunting. Register at <https://act.tnwf.org/a/tpionville-duck-fy24-20231209>.



## TNWR to host Fall Family Fun Day

Join the Tennessee National Wildlife Refuge (TNWR) for a free, self-paced, unguided walk for National Wildlife Refuge Week on Saturday, Oct. 14. In celebration, the Friends of TNWR have planned a Fall Family Fun Day that involves walking to benefit your health and to promote the health of wildlife. Come out and “Walk for the Wild!”

The walk starts at the TNWR Visitor Center located at 1371 Wildlife Drive in Springville. Walkers can complete any part of this route between 3-6:30 pm.

Along with walking on a beautiful fall day surrounded by gorgeous scenery, many fun activities will be happening too! A 5K walk route will lead you from the Visitor Center along beautiful vista views of a bay of Kentucky lake, through Britton Ford Trail, and back. Sprinkled along the route and at the visitor center will be a host of family friendly activities. The event is totally free. All walkers will receive a water bottle sticker, “Walk for the Wild” buttons, and more.

Event participants include:

- Friends of TNWR will be selling hot dog meals and baked goods from 4-6:30 p.m.

- TWRA will provide a portable museum of Tennessee wildlife.

- Paris Landing State Park will show live wildlife including raptors, snakes, and more.

- TVA will demonstrate water quality monitoring for macroinvertebrates.

- The National Guard will provide inflatable bouncy houses and goofy bikes for kids.

- The Paris Parks Department will host children’s games and activities.

- UTM Wildlife Society will host wildlife demonstrations, games, and pollinator bingo.

- The Civil Air Patrol will provide hydration stations along the walking routes.

To culminate a great day, from 6:30-8 p.m., join us on the refuge back patio for a free astronomy program while roasting s’mores at the fireplace with your family. The West Kentucky Amateur Astronomers club will be giving a short program and bringing their equipment for a better view of the stars and planets.

We are going all out for our National Wildlife Refuge Week, we sure hope you can come and join us on the refuge for this fun family event. Contact TNWR at 731-642-2091 for more information.



## Self Reliance Festival is this weekend

The Self Reliance Festival returns this weekend on Saturday and Sunday, Oct 14-15, to give you a close-up view of both strategic and tactical skills. Dive deep into sustainable living, expand your preparedness, and connect with like-minded people.

Highlighting the event are renowned speakers Joel Salatin of Polyface Farms, John Willis of Special Operations Equipment, Jack Spirko from the Survival Podcast, and local farming icon Dawn Gorham of Gorham Homestead.

Sharpen your skills to re-

duce bills! Workshops offer practical knowledge to build a better future. Thoroughly practical demonstrations include emergency medical training, defense dogs, blacksmithing, weaving, food preservation, aquaponics, and permaculture design.

The festival will be held at Special Operations Equipment, located at 4631 Hwy. 70E in Camden. Gates open at 8 a.m. Tickets are \$95 and can be purchased at [www.selfreliancefestival.com](http://www.selfreliancefestival.com) or at the door. Visit the website for more detailed information about the event.



## Apply now for water quality grants

The Tennessee Department of Agriculture (TDA) is accepting grant proposals for projects that will help improve water quality by reducing nonpoint source (NPS) pollution in the state.

“This conservation funding will directly benefit water quality,” said Commissioner Dr. Charlie Hatcher. “Initiatives that reduce pollutants in Tennessee’s natural water resources help the environment and sustain human and wildlife health.

The cost share focuses on watershed restoration and projects that educate people about nonpoint source issues.”

NPS pollution can be sediment, urban runoff, fertilizers, insecticides, chemicals, or other contaminants that contaminate surface and ground water. The NPS Program was created in 1987 as part of the Clean Water Act. TDA’s Land and Water Stewardship Section manages the Tennessee NPS

Program on behalf of the U.S. Environmental Protection Agency.

Local governments, regional agencies, soil and water conservation districts, state universities, and private nonprofit organizations are eligible to apply for these grants. The deadline for submissions is Dec. 15.

This federal grant funds installation of best management practices (BMPs) to stop NPS pollution, training and education, and moni-

toring water quality. This year’s grant offers five additional BMPs for incentives. Contact Dr. Sam Marshall at 615-837-5306 or [sam.marshall@tn.gov](mailto:sam.marshall@tn.gov) with questions.

Grant program priorities, incentives, and evaluation criteria are provided in the request for proposals packet which can be found at [www.tn.gov/content/dam/tn/agriculture/documents/landwaterstewardship/rfp/2023](http://www.tn.gov/content/dam/tn/agriculture/documents/landwaterstewardship/rfp/2023).

## GOLF

From 1B

With the entire roster returning next season, the hopes for a bright future are high.

The teams competing in the region tournament included Camden, Houston County, Liberty Creek, Merol Hyde, Stewart County, and White House Heritage. Only one team from each region could advance to the state tournament, and that team for Region 5 was Stewart County.

The top three individual scorers who were not members of the winning team in region competition also advanced to state. Those players included Charlie Shelton from East Robertson, Austin Shreiner from Merol Hyde, and Maddux Butler from Waverly.

Camden’s five golfers competing in the district and regional tournaments included AJ Dobson, Caleb Gilliam, Trenton McNeal, Brady Morris, and Princeton Piskos. The low scorers for the Lions were Morris and McNeal who shot 89 and 97 respectively on the 18-hole Ted Rhodes course.

“The golfers learned a lot this year,” said Coach Stacey Baker. “They learned about proper golf etiquette and the rules of golf. It will be a joy to watch them all play again next year.”

The team appreciates Magic Valley Golf Course for allowing them to use the course for practice and matches this season. They also thank their sponsors, including Covia Corpora-

tion, Farm Bureau Insurance, Frank Wright’s Lawn Care, Hopkins Apothecary, L&W Sawmill, Mom and

Pop’s Pizza, Quality Home Health, River Hardwood Products, and TVA Credit Union.

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A Special Supplement to

October, 12, 2023





# HCMC Hosting Breast Cancer Awareness Event in October

As part of its month-long Breast Cancer Awareness campaign, Henry County Medical Center is hosting a special event in October for the women of Henry County and surrounding areas. Instead of staying home and watching Monday Night Football, ladies have an exciting alternative.

Monday, October 23, HCMC will host Monday Night Mammograms at the HCMC Diagnostic Center. In addition to providing mammograms to those who have received prior approval, all women are encouraged to attend the fun-filled and informative event. Among those vendors who will be in



attendance: Limelife with Becky Cate, Alexandria & Gold Permanent Jewelry, Allibelle's Plants and Reflexology for the Sole (Oct. 23 only). Healthcare providers from Paris Henry County Clinic and Inspire Women's Health will also be available for consultations. All mammograms will require a physician order and insurance approval. Time slots for mammograms are limited. Space is limited so please register by emailing Gina Matlock at glmatlock@hcmc-tn.org. If your regular mammogram is due or you would like to schedule your first screening, please call (731) 644-8486 and request an appointment.

# Coworkers help Eaton with cancer detection

Candy Eaton was diagnosed with a 13cm mucinous malignant tumor in her right breast on Dec. 14, 2017, her birthday. Candy was working as a nurse at that time, but she was not one to have regular mammograms, and it had been nearly five years since her last one. Her coworkers shamed her into having the mammogram that probably saved her life.



Candy Eaton

Mucinous tumors are very rare, slow growing cancers. After the biopsy, a lumpectomy and lymphadenectomy were scheduled. The surgery was on Jan. 2, 2018. Even though the edges were clear on the tissue removed and the lymph nodes were clear, radiation therapy was scheduled to begin a month after the surgery.

As her breast was large and dense the maximum dosing of radiation was recommended for a total of 66 treatments. She had to remain working as a nurse during the time of her radiation treatment to maintain her health insurance. She also had to drive 50 miles one way to work and to the treatment center.

"I know my experience is not nearly as traumatic as some other women have had to experience, but it hurt," Candy said. "My

skin had painful second degree burns due to the radiation from my elbow to the other side of my breast. I had a very hard time being a nice nurse during that time period."

By treating her stress and emotional anxiety with heavy doses of chocolate, Eaton gained 20 pounds before it was over. She

emphasized, "Who cares about the weight gain - I am alive!"

Candy's advice to other women is to pay attention to the changes in your body and to educate yourself about breast cancer so that you can take steps to catch it early if it develops.

# 5 fruits and vegetables associated with reducing cancer risk

The prevalence of cancer is widely known. Affecting people of every ethnicity and across the socioeconomic spectrum, cancer poses a threat to people in all corners of the globe. And that threat could be more significant in the immediate future. Estimates from the International Agency for Research on Cancer indicate that the global population boom and the growth of the world's aging population could result in more than 16 million cancer deaths each year by 2040.

The statistics surrounding global incidence rates for cancer are startling, which can give the impression that cancer is an inevitability for hundreds of millions of people across the globe. However, there's much individuals can do to reduce their cancer risk.

According to the MD Anderson Cancer Center, a healthy diet can help reduce cancer risk. A diet that focuses on plants and emphasizes healthy choices may not eliminate the threat of cancer, but it can be an integral component of a preventive health care regimen. With that in mind, the following are five fruits and vegetables associated with reducing cancer risk, courtesy of the MDACC.

1. Berries: Berries contain antioxidants, which protect the body from cell damage that can contribute to various cancers, includ-

ing skin cancer, lung cancer and breast cancer, among others. Blueberries, raspberries and strawberries make wonderful additions to anyone's diet.

2. Cruciferous vegetables: Cruciferous vegetables include broccoli, bok choy, cabbage, and brussel sprouts, among others. The MDACC notes that studies have indicated that special plant compounds in cruciferous vegetables may protect the body from stomach cancer and cancers of the mouth, pharynx, larynx, and esophagus.

3. Garlic: The experts at Mount Sinai note that garlic is often linked with reduced risk for heart disease, notably the prevention of atherosclerosis, which affects the arteries through the deposition of plaques of fatty acids along the arterial walls. However, antioxidant-rich garlic also helps the body fight off harmful free radicals that can contribute to cancer.

4. Spinach: The Cen-

ters or Disease Control and Prevention notes that colorectal cancer is one of the leading causes of cancer deaths in the United States. Studies have found that spinach inhibits the growth of colon polyps that can develop into colorectal cancer.

5. Tomatoes: Lycopene is an antioxidant that gives tomatoes their bright red color. According to the National Cancer Institute, though human studies have produced inconsistent results, various in vitro and animal studies have indicated that lycopene may have chemopreventive effects for cancers of the prostate, skin, breast, lung, and liver.

Eating these five fruits and vegetables is not the only way to use diet in the fight against cancer. Individuals are urged to speak with their physicians to learn about the many ways to utilize food in cancer prevention.



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# What to know about breast lumps

Breast cancer is a cause for concern for millions of women. Each year about 264,000 cases of breast cancer are diagnosed in women in the United States, according to the Centers for Disease Control and Prevention. The Canadian Cancer Society indicates around 28,600 Canadian women will be diagnosed with breast cancer this year. Globally, data from the World Health Organization indicates roughly 2.3 million women were diagnosed with breast cancer in 2020.

One of the more notable symptoms of breast cancer is the presence of a lump in the breast. Though not all lumps are malignant, it's important that women learn about breast anatomy and lumps as part of their preventive health care routines.

Mount Sinai says that breast lumps can occur at any age in both men and women. Hormonal changes can cause breast enlargement and lumps during puberty, and boys and girls may even be born

with lumps from the estrogen received from their mothers.

It is important to note that the vast majority of breast lumps are benign. The National Institutes of Health says 60 to 80 percent of all breast lumps are non-cancerous. The most common causes of breast lumps are fibroadenomas and fibrocystic changes. Fibroadenomas are small, smooth, moveable, painless round lumps that usually affect women who are at an age to have children, indicates the Merck Manual. They are non-cancerous and feel rubbery.

Fibrocystic changes are painful, lumpy breasts. This benign condition does not increase a woman's risk for breast cancer. Symptoms often are worse right before one's menstrual period, and then improve after the period begins.

Additional factors can contribute to the formation of lumps. Breast cysts are fluid-filled sacs that likely go away on their own or may be aspirated to re-

lieve pain. Complex cysts may need to be removed surgically. Sometimes cysts also may form in milk ducts throughout the breasts.

Lumps also may be the result of injury. Blood can collect under the skin and form a type of lump called a hematoma. Other lumps may be traced to lipomas, which is a collection of fatty tissue or breast abscesses, which typically occur if a person is breastfeeding or has recently given birth.

Additional causes of lumps can be discussed with a doctor. Though the majority of lumps are not a cause for concern, it is important for people to regularly feel their breasts to check for abnormalities. Doctors may recommend annual mammograms to women age 40 and older. In its earliest stages, breast cancer may produce little to no visible symptoms, but a mammogram may be able to catch something early on.

# Sonya Volz shares experience of cancer diagnosis and treatment

Over the past year, Benton County's Register of Deeds Sonya Volz went through quite an ordeal with her health after being diagnosed with breast cancer. She shared her story with *The Camden Chronicle*, which is related below in her own words.

I was diagnosed with multifocal invasive mammary carcinoma on Oct. 20, 2022. Unfortunately, I hadn't had a mammogram in a few years, but I did have an appointment scheduled for my annual checkup the first week of September.

A couple of weeks before my appointment, I had a pain in my left breast. When I felt the spot, I felt a lump. I didn't want to panic, so I just kept telling myself it was nothing. I'd go get my mammogram and it would be fine.

I went to a women's clinic (I won't say where) for my appointment and found out when I got there that they allegedly had sent a letter canceling that ap-

pointment since they were terribly short staffed. I never got that letter. I had only been there once several years before, and the letter also explained that they were only seeing current patients.

I told the receptionist about finding the lump, and she asked me a couple questions and said she'd check with the doctor and see if they could get me in. It's now a year later and I've yet to hear from them!

I gave them a couple of days and when I didn't get a phone call, I immediately called Ginny Peebles for an appointment. Ginny is a board-certified family nurse practitioner at Family Health Care of Camden. I went on Sept. 13, 2022, to see her, and she got me in at Camden General the day after for a mammogram and an ultrasound.

After she got the results, I got a phone call that I needed to come in to talk to her. Any of you who see Ginny on a regular basis know that she is always so

upbeat and happy. Needless to say, I knew by the look on her face that I was about to get bad news.

The good news was that I knew she was going to take incredibly good care of me. Ginny was so positive and encouraging. She said no matter what the outcome, I was going to get through it!

A month later, I went to the Vanderbilt Breast Center in Nashville for a biopsy. A week after that I got the diagnosis of multifocal invasive mammary carcinoma.

There were several more appointments leading up to my surgery, but every time I went I tried to remember what Ginny told me in the beginning. It was pretty easy to stay positive with my team at Vanderbilt, because they were absolutely amazing.

On Dec. 22, 2022, I had a total mastectomy on the left side. There was no evidence of cancer after the surgery, which was great news. But, I had been told by my care team that I was at high risk for the cancer to come back, which meant I would need chemotherapy.

I received my first of four chemotherapy treatments on Feb. 24, and my last on April 28. I am currently on letrozole, since the cancer was estrogen driven. As of right now, I will take it for the next five years. I also elected to have reconstruction surgery, which is scheduled for Jan. 11, 2024.

I cannot tell you how frightened I was in the beginning, but with the help of my faith, family, friends, church family, work family, medical team, and our community, I got through it and am doing well a year later!

I encourage every woman to please complete monthly self-exams and take the time to have a mammogram as often as your doctor suggests. Early detection is key!



Sonya Volz



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 but it is an option to schedule during this event.  
 \*\*mammogram will require physician order and insurance approval*



# Two-time breast cancer survivor encourages vigilance

Debbie Palen was diagnosed in 2013 with triple negative hormone/her2 positive cancer in a tumor on the left side of her left breast. Five years later, in 2018, she was diagnosed with a progesterone positive tumor in her right breast.

For 25 years, Debbie had a lump on the side of her left breast. Her doctor assured her it was a watery cyst. It could be drained but shouldn't be a problem. The doctor recommended to monitor for changes.

In 2013, Debbie noticed changes in the lump and experienced pain in her left breast. After a mammogram, ultrasound, and biopsy revealed cancer, she had the entire left breast removed. She received chemotherapy, one dose every three weeks for four months.

Her chemo treatments began while her body was still trying to recover from the major surgery of the total left mastectomy. As a result of her chemo, she lost 70 lbs., her sense of taste, her hair, and nearly all of her strength.

By the end of her chemo in 2013, Debbie was so weak she could barely lift her head. Her husband and family kept a close eye on her, never leaving her alone during this time.

Eventually, she recovered from the surgery and the chemotherapy. Her hair grew back, and all was well. She had checkups every three months for two years, shifting to mammograms of the remaining right breast every six months after being clear for two years.

In March of 2018, the second diagnosis of breast cancer was given when her mammogram found a

progesterone positive malignant tumor in her right breast. She had a lumpectomy with a lymphadenectomy, learning that the cancer had not spread beyond her breast. She then had 21 days of radiation therapy to that breast.

Debbie said the radiation in 2018 was not as bad as the chemotherapy in 2013. Slightly irritated from the radiation, some of her skin blistered and peeled like a sunburn.

Due to having a smaller breast size (B cup), Debbie was able to receive a lower dose of radiation than someone with larger breasts would require. The larger the breast, the denser the tissue, hence the more intense the radiation treatment. All women are different, and each treatment is individualized to the spe-

cific needs of that individual patient.

For after care, Debbie takes a hormone pill once a day and has had regular physician visits and mammograms for the last five years. She was finally declared "cancer free" by her oncologist just a few months ago.

Excited to share her good news Debbie called her sister, only to learn that her sister had just been diagnosed with the triple negative hormone/her2 positive cancer that had plagued Debbie in 2013. Debbie said, "I felt so bad for her!"

Debbie encourages everyone to do monthly breast self-exams and to get a mammogram every year if you are 40 or older, or if you have any family history of or genetic markers for breast cancer.



Debbie Palen



## The purpose of Breast Cancer Awareness Month

By Candy Eaton

Breast Cancer Awareness Month is an effort to raise awareness and reduce the stigma of breast cancer through education of the different aspects of the disease. It is a reminder to learn more about breast cancer risk factors for you and your family. It highlights the importance of being screened early for the disease.

Statistically, breast cancer is most diagnosed among American women over 40. Nearly 85% of breast cancers occur in women who have no family history of breast cancer. There is a gene that can be inherited causing the descendant, female or male, to be susceptible to a form of breast cancer. Though many cases of breast cancer happen as a result of the aging process, exposure to toxic elements can play a role in the occurrence of the disease, according to breastcancer.org.

Screening and testing are important. Breast self-exams, the act of regularly examining your breasts on your own, can be a way to find breast cancer but not always. Finding it early gives a better chance of successful treatment. You can go to breastcancer.org

for step-by-step directions with images for instruction. They also suggest regular physical examination by a doctor, mammograms, and when indicated, ultrasounds or MRI.

Mammograms are the probably the most used diagnostic exam. For women at average risk screening mammograms should be performed annually beginning at age 40. As breast cancer can start at any age, however, monthly self-exams should be a regular routine for women of all ages.

WebMD says that mammography uses special x-ray images to spot abnormal growths or changes in breast tissue. According to the American Cancer Society about one or two mammograms out of every 1,000 lead to a diagnosis of cancer. New 3D mammography along with digital mammography has improved detection rates and lowered the number of women who have to return for more tests because of unusual findings.

Your doctor might order a biopsy after the mammogram and an ultrasound if there something out the ordinary. A biopsy is a small operation to remove tissue from the area of concern to determine if the area is be-

nign or malignant. It may take a week for the pathology report to return after the biopsy. Your physician would then explain the results and discuss your future options if there is any sign of cancer.

It is important to ask questions and to do research on your own so you know what questions to ask and how the different treatments might affect you and your family. Talk to other women who have survived the process. Every person is different, and cancers vary depending on type, stage (size and whether it has spread to other tissues), and grade (just how abnormal the cells look under the microscope).

There are many different stories of women's situations dealing with breast cancer surgeries and treatment and how it has affected their lives. There are women who have dealt with their own cancers, later to discover their daughters, sisters, or friends are diagnosed. Breast cancer education, self-exam, and regular screening can make for a brighter future through early detection and treatment.

# DON'T FORGET: Mammograms right in Camden!

Remember, early detection is critical in the fight against breast cancer. With exams just minutes from your home, you don't have to drive out of town. And you don't need a referral. It's quick. It's easy. And it could save your life. To schedule a mammogram, call (731) 593-6300.

Camden Hospital







The World Health Organization reports that roughly 2.3 million women were diagnosed with breast cancer in 2020. By the end of that year, there were nearly eight million women alive who had been diagnosed with the disease in the previous half decade.

A breast cancer diagnosis inevitably leads to questions about the disease. The bulk of those questions undoubtedly are asked by the millions of women who are diagnosed with breast cancer. But millions more individuals, including friends and family members of recently diagnosed women, may have their own questions. Women can discuss the specifics of their diagnosis with their physicians. In the meantime, the fol-

lowing are some frequently asked questions and answers that can help anyone better understand this potentially deadly disease.

**What is breast cancer?**

Cancer is a disease marked by the abnormal growth of cells that invade healthy cells in the body. Breast cancer is a form of the disease that begins in the cells of the breast. The National Breast Cancer Foundation notes that the cancer can then invade surrounding tissues or spread to other areas of the body.

**Can exercise help to reduce my breast cancer risk?**

The NBCF notes that exercise strengthens the immune system and women who commit to as little as three hours of physical activity per week can begin to reduce their risk for breast cancer. However, even routine exercise does not completely eliminate a woman's risk of developing breast cancer.

**Is there a link between diet and breast cancer?**

The organization Susan G. Komen®, a nonprofit source of funding for the fight against breast cancer, reports that studies have shown eating fruits and vegetables may be linked to a lower risk for breast cancer, while consuming alcohol is linked to an increased risk for the disease. In addition, the NBCF reports that a high-fat diet increases breast cancer risk because fat triggers estrogen production that can fuel tumor growth.

**Is there a link between oral contraceptives and breast cancer?**

The NBCF reports that women who have been using birth control pills for more than five years are at an increased risk of developing breast cancer. However, the organization notes that risk is very small because modern birth control pills contain low amounts of hormones.

**Can breastfeeding reduce breast cancer risk?**

Breastfeeding and breast cancer are linked, though the NBCF notes that the role breastfeeding plays in lowering cancer risk depends on how long a woman breastfeeds. The World Cancer Research Fund International notes that evidence indicates that the greater number of months women continue breastfeeding, the greater the protection they have against breast cancer.

**Is there a connection between stress and breast cancer?**

The NBCF notes that researchers have found that traumatic events and losses can alter how the immune system functions, which can provide an opportunity for cancer cells to establish themselves within a person's body. The NBCF urges women to identify ways to keep their stress levels in check.

Breast cancer education can be a valuable asset as women seek to reduce their risk for the disease.



# Cancer diagnosis presents hard choice for newly married woman

On Dec. 20, 2021, Rachel French Brooks was diagnosed with hormone triple negative/her2 positive stage 2b breast cancer. A 33-year-old successful woman who was newly married, she says it all started in 2019 with a painful lump.

A review of her first mammogram and ultrasound reported that the lump was likely an example of dense fibrocystic tissue. She was advised to

get a biopsy, but by then it was 2020, and the COVID pandemic caused many elective surgeries were postponed.

When Rachel finally was able to get a biopsy, it was determined that she had a large aggressive tumor. She was advised that she should have neoadjuvant chemotherapy to shrink the tumor before her surgery.

The problem with that type of chemotherapy for younger women is that

there is a possibility of the treatment causing infertility. After much careful thought and prayer, Rachel and her husband decided to hold off on her chemotherapy until they could have an invitro fertilization procedure performed to preserve Rachel's reproductive material. They had the procedure, and three embryos were produced that have been frozen to give the young couple a chance for children of their own.

The year of 2022 became a marathon of treatments for Rachel. On Feb. 7, she had her first round of neoadjuvant chemotherapy with two different types of chemicals. These treatments ended in May. During that time, Rachel lost 35 lbs., her hair, and became very weak.

In July of 2022, Rachel had a double mastectomy, followed by another 17 rounds of chemotherapy while her body was recovering from surgery. This second round of chemo treatments ended in August. Finally, in November, Rachel had reconstructive surgery on her chest.

During the whole process, Rachel struggled with emotions of anger, frustration, and fear. She said that her Christian faith sustained her, along with the care of her husband and family.

"Everyone's response to cancer treatment is different, but I knew God was with me and He will be with you!" Rachel said. "I am so grateful to have survived."



Rachel Brooks

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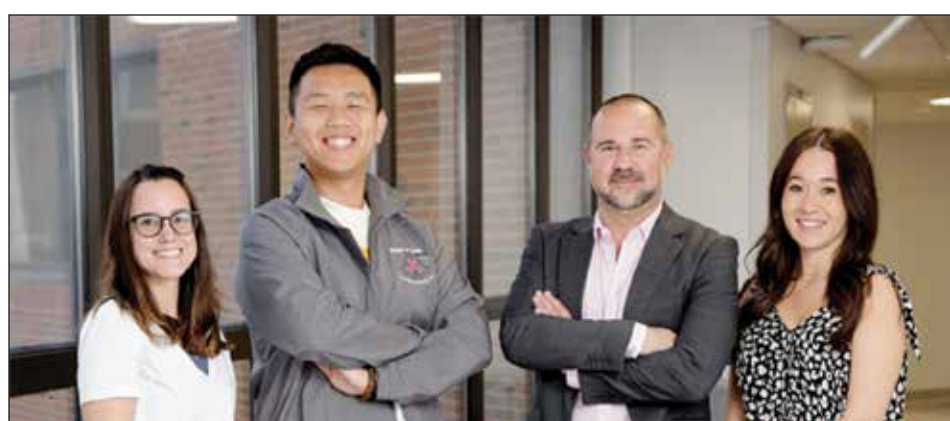


## Did you know?

Breast cancer affects millions of women each year, but breast cancer also can be diagnosed in men. Each year in the United States, about 2,400 cases of breast cancer are diagnosed in men, according to the Centers for Disease Control and Prevention. Roughly 270 men will be diagnosed

with breast cancer this year in Canada, according to the Canadian Cancer Society. Macmillan Cancer Support says men have a small amount of breast tissue behind their nipples, where breast cancer potentially can develop. Breast tissue in boys and girls is the same until puberty, when

girls start to develop more. Signs of male breast cancer include a lump or swelling in the breast, redness or flaky skin in the breast, irritation or dimpling of the skin around the nipple, nipple discharge, or pulling in or pain of the nipple, states the CDC.



The study team included, from left, Paula Gonzalez-Ericsson, MD, Xiaopeng Sun, Justin Balko, PharmD, PhD, and Brandie Taylor, MS. (photo by Donn Jones)

## Vulnerability found in immunotherapy-resistant triple-negative breast cancer

Researchers at Vanderbilt-Ingram Cancer Center have discovered a druggable target on natural killer cells that could potentially trigger a therapeutic response in patients with immunotherapy-resistant, triple-negative breast cancer.

Currently, only about 15% of early-stage, triple-negative breast cancer patients benefit from combining immunotherapy, drugs that target immune cells to attack the tumor, with chemotherapy. Identifying why most patients don't respond is critical for personalizing treatment plans and minimizing therapy side effects in patients.

The research, published in Cancer Discovery, highlighted NKG2A receptors as potential targets for overcoming immunotherapy resistance in breast cancer. These receptors exist on immune cells ('natural killers') capable of destroying cancer cells.

In this study, the researchers led by Justin Balko, PharmD, PhD, PharmD, Ingram Associate Professor of Cancer Research, studied tumor-specific Major Histocompatibility Complex I (tsMHC-I), a molecule that is essential to the immune

system's ability to recognize tumor cells. Analyzing the variability of tsMHC-I in human breast cancers and in mouse models, they found high heterogeneity in the expression of this molecule. This variability was linked with a lack of benefit from the addition of immunotherapy. They then set about exploring how to overcome this therapeutic resistance in patients. Their findings suggest that combining anti-NKG2A with anti-PD-L1 therapy may represent a promising, yet underexplored approach for treating triple-negative breast cancer. This study deepens the understanding of why immunotherapies are ineffective for many triple-negative breast cancer patients and how to overcome this drug resistance.

"These findings shed some light on at least one reason why only a small fraction of breast cancer patients benefit from immunotherapy — their tumors have already found a way to remove a critical component for immunotherapy response. However, understanding this gives us a potential biomarker for identifying those patients and, perhaps more impor-

tantly, exposes a new way to target the tumor cells that have escaped the immune system," said Balko, the study's corresponding author.

The lead authors of the study are Brandie C. Taylor, MS, and Xiaopeng Sun, who are graduate students in Balko's lab.

"This study was the result of a collaborative effort between researchers and clinicians. We hope our findings will help determine which triple-negative breast cancer patients should receive immunotherapy and which patients may benefit from the addition of anti-NKG2A in clinical trials," the two lead authors stated.

Other Vanderbilt researchers who contributed to the study are Paula Gonzalez-Ericsson, MD, Melinda Sanders, MD, Elizabeth Wescott, Susan Opalenik, PhD, Ann Hanna, PhD, Brian Lehmann, PhD, Vandana Abramson, MD, and Jennifer Pietenpol, PhD.

The research was supported by grants from the National Institutes of Health

## Breast Cancer Research Team Pulls In \$3 Million in National Support

University of Tennessee Health Science Center researchers working to find new treatments to combat breast cancer metastasis recently pulled in a major national award. Wei Li, PhD, distinguished professor of Pharmaceutical Sciences and director of the Drug Discovery Center in the College of Pharmacy, and Tiffany Seagroves, PhD, professor of Pathology in the College of Medicine, are principal investigators on a \$3.07 million grant from the National Cancer Institute for a project to develop a new series of drugs targeting microtubules to stop the spread of breast cancer to the brain and bone. Duane Miller, PhD, professor emeritus, and Zhongzhi Wu, PhD, assistant professor, both in the Department of Pharmaceutical Sciences in the College of Pharmacy, are co-investigators.

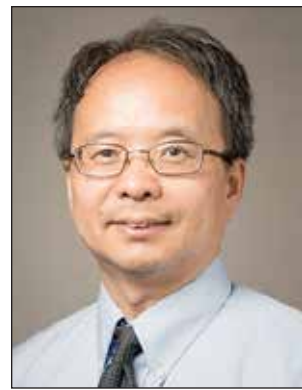
A major clinical challenge in breast cancer care is treating metastatic disease, particularly brain and bone metastases. Mainline therapies, including conventional chemotherapeutic drugs targeting microtubules such as taxanes, have low brain penetration, often are subject to drug resistance, and have long-term side-effects, such as neurotoxicity.

Dr. Li and Dr. Miller have been working together for over 10 years to develop a new generation of tubulin inhibitors for various cancer types. Their efforts led to an investigational new drug, sabizabulin, which suppresses primary tumor growth and metastasis in several types of tumor models and is effective in overcoming taxane

resistance. Over the past five years, Dr. Li and Dr. Miller collaborated with Dr. Seagroves to evaluate these tubulin inhibitors for late-stage breast cancer. In their recent studies, the team found that modified sabizabulin analogs have high brain penetrability and excellent efficacy in multiple taxane-resistant tumor models.

The goals of this new project are to structurally optimize this class of analogs for potency and the ability to penetrate the brain, and to create novel analog drug conjugates (made by joining a cancer drug molecule to another molecule that preferentially interacts with a specific type of cell in the body). For treating bone metastases, Drs. Li and Seagroves will conjugate new sabizabulin analogs with bisphosphonates, a drug class used to increase bone strength. They will test the optimal conjugate by comparing it to a reference chemotherapy in animals with bone-destroying breast cancer.

"The addition of a new generation of tubulin inhibitor to the existing panel of chemotherapeutic drugs



Dr. Wei Lee



Dr. Tiffany Seagroves

could help to improve metastatic breast cancer patient overall survival and quality of life," Dr. Li said. "In addition, patients diagnosed with other types of metastatic solid tumors in which tubulin inhibitors are currently standard of care could also benefit."







Let's defeat breast cancer. We are stronger together!

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# The relationship between breast density and cancer risk

A host of variables affect a woman's risk for breast cancer. Some variables are related to a woman's lifestyle. For example, the American Cancer Society reports that a sedentary lifestyle can increase breast cancer risk. In addition, the ACS notes that women who consume unhealthy diets are at greater risk of becoming overweight or obese, which also increases breast cancer risk.

A woman's lifestyle is largely up to her, which means women can exert a measure of control over their risk for a disease that the World Cancer Research Fund International reports was the world's most commonly diagnosed cancer in 2020. However, additional variables beyond a woman's control, including breast density, can increase risk for breast cancer.

## What is breast density?

The Centers for Disease Control and Prevention notes that breast density reflects the amount of fibrous and glandular tissue in a woman's breasts compared to the amount of fatty tissue in the breasts.

## How do I know if I have dense breasts?

Women cannot self-diagnose dense breasts. The National Cancer Institute notes that only a radiologist can determine if a woman has dense breasts, and that's only possible after a mammogram.

## What is the significance of breast density?

Breast density and breast cancer are linked, which underscores how important it can be for women to discuss breast density with their physicians. The National Cancer Institute notes that dense breasts are

not considered an abnormal breast condition or a disease, though they are a risk factor for breast cancer. Women determined to have dense breasts have a higher risk of breast cancer than women with fatty breasts.

The CDC notes that dense tissue can hide cancers, as the fibrous and glandular tissue in breasts, which is more abundant in dense breasts than fatty breasts, looks white on a mammogram. That's significant, as tumors also look white on mammograms, which means it's easy to mistake a small tumor for fibrous and glandular tissue.

## What can I do if I have dense breasts?

It's important that women with dense breasts open a dialogue with their physicians. This is especially important when switching physicians, as a new doctor can consider this when treating a patient for the first time. Doctors may recommend certain tests to women with dense breasts, particularly after considering a woman's age and family history of breast cancer. The CDC notes that additional testing can produce a false positive result, so women can discuss that likelihood as well. But in some cases, a breast ultrasound or a breast MRI may detect a tumor that a mammogram did not find, so additional testing should not be written off.

Breast density and breast cancer are linked, but the NCI notes that research has indicated that women with dense breasts are no more likely to die from breast cancer than women with fatty breasts. More information about breast density can be found at cancer.gov.



## How to support loved ones who have breast cancer

Efforts to educate women about breast cancer have helped raise awareness of the disease and just how treatable it is when detected early. Despite that, a diagnosis can still be difficult for women and their families. When someone close to you is affected by breast cancer, priorities suddenly change and you may be wondering what you can do to provide the support needed to help this person navigate any ups and downs that could be on the horizon.

A breast cancer diagnosis does not produce a uniform response. While one loved one may embrace others who want to help, another may feel she is a burden and exhibit an unwillingness to accept help. In the latter instance, being a supportive bystander may require walking on eggshells. Even still, there are some universal ways to lend support when a friend or a loved one has been diagnosed with cancer.

- Offer practical support. Cancer affects the body in a number of ways. Energy levels may wane and certain symptoms may arise. Side effects from treatments also can make it

difficult to continue with daily tasks. So an offer to help with tasks associated with daily living, such as cooking meals, gardening, washing clothes, or cleaning up around the house, can be practical and much appreciated. Approach the individual and ask questions in pointed ways. Rather than, "What can I do to help?", which may result in an answer of, "Nothing," figure out a way to pitch in and then ask if that would be acceptable. This may be, "Would you like me to run to the supermarket for you today?"


- Offer emotional support. Someone with breast cancer may just need a person who can be there and listen. A hug, a nod of understanding or even a companion who can chat and take the person's mind off the cancer can be immensely helpful. Keep in mind that emotions may change on a dime, and some emotions may be directed at support systems. While it can feel hurtful, remember the real reason for any outburst is the disease. Patience is needed at all times.
- Learn what you can about breast cancer. Re-

search the type of cancer your loved one has, which may make it easier to understand what to expect. If the person is amenable, you may consider accompanying her to appointments to hear firsthand about the next steps in her treatment and recovery.

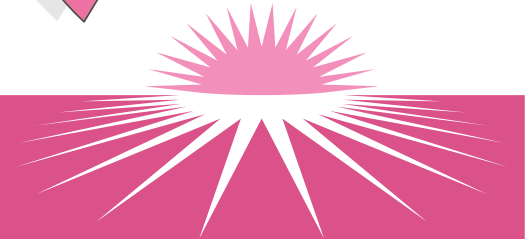
- Maintain a positive attitude. It's never easy knowing someone you love is sick. They are going through their own emotional roller coaster, and support systems can lift their spirits by maintaining positive attitudes. Avoid wearing rose-colored glasses, but try to remain as upbeat as possible.

- Find a support group. Professional support groups are great resources for coping with a cancer journey. Supporting a person with cancer takes its own unique toll, particularly when caring for a spouse, child or mother with breast cancer. Support groups for support networks can be helpful.

Individuals diagnosed with breast cancer may need a little extra love and support. It's up to caregivers and friends to step up and provide what is needed.

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## The dangers of ultraprocessed foods

The results of two studies recently published in the British medical journal The BMJ found that eating a lot of ultraprocessed foods significantly increases men's risk of colorectal cancer. Published in August 2022, the studies, which

examined individuals in both the United States and Italy, also found that diets high in ultraprocessed foods can lead to heart disease and early death in both men and women. Processed and ultraprocessed foods include meats such


as bacon, beef jerky, corned beef, ham, hot dogs, and salami. Various organizations, including the World Health Organization, the American Cancer Society and the American Institute for Cancer Research, have previously warned that those meats are associated with a higher risk of bowel cancer in men and women. The studies published in August 2022 reported that it's not just ultraprocessed meats that increase risk for cancer, but also other processed or ultraprocessed foods, including ready-to-eat-or-heat foods such as french fries, prepackaged soups, sauces, frozen pizza, doughnuts, and store-bought cookies and cakes, among others.



*Amanda E. Lambdin, CPA*

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# Introduction of diagnostic and supplemental imaging legislation benefits thousands of Tennesseans

Susan G. Komen®, the world's leading breast cancer organization, applauds Senator Becky Massey (R-Knoxville) and Representative Rebecca Alexander (R-Jonesborough) for working with Komen to introduce legislation that would remove financial barriers to imaging that can rule out breast cancer or confirm the need for a biopsy. In 2023, more than 6,210 people will be diagnosed with breast cancer and more than 1,030 will die of the disease in Tennessee alone.

"This legislation can make an immediate impact for thousands of people who require diagnostic or

supplemental breast imaging yet are unable to afford it and often forego the tests," said Molly Guthrie, Vice President of Policy and Advocacy at Susan G. Komen. "Everyone should be able to access the care they need and afford it, especially when it could mean the difference between a person's life and death."

SB 365, introduced by Sen. Massey and HB 355, introduced by Rep. Alexander, eliminates out-of-pocket costs for diagnostic and supplemental breast imaging (such as an MRI, ultrasound, diagnostic mammogram) when medically necessary. These ex-

ams can be extremely expensive and require people to pay high out-of-pocket costs – all before more expensive treatment even begins.

A Komen-commissioned study found the costs to patients range from \$234 for a diagnostic mammogram to more than \$1,021 for a breast MRI. The cost of the test prevents individuals in Tennessee from getting the imaging they require, making it difficult to detect their breast cancer as early as possible.

"The best way to reduce the mortality rate of breast cancer is with early detection and getting women who have been diagnosed

into effective treatment as early as possible," said Rep. Alexander. "This legislation will remove barriers to ensure women across Tennessee have access to critical, lifesaving diagnostic testing before it's too late."

An estimated 16% of people who receive annual screening mammograms nationwide get called back for diagnostic imaging. Additionally, these tests are often recommended for those who have previously been diagnosed with breast cancer and for some individuals who are considered at high-risk for breast cancer, making their out-of-pocket costs particularly burden-

some to those individuals.

"We hear stories from women who are forced to delay getting their required diagnostic imaging because of high out-of-pocket costs," said Senator Massey. "This legislation eliminates burdensome barriers for patients requiring these vital breast imaging services, allowing for a more timely diagnosis."

The use of breast cancer screening and follow-up diagnostics have led to significant increases in the early detection of breast cancer in the past 30 years. However, this is not true across all demographics. Evidence shows that Black and Hispanic breast cancer patients

tend to be diagnosed at a later stage, perhaps due to delays in follow-up imaging after abnormal findings on an annual mammogram.

More diagnostic and supplemental breast imaging is likely going to be needed due to "missed" breast cancers during the COVID-19 pandemic. Experts warn that missed mammograms could lead to more later-stage breast cancer diagnoses, once detected, so it is critically important that we increase access to affordable tests to those who medically require it.



## What breast cancer can do to the body

No woman wants to be diagnosed with breast cancer. A potentially fatal disease, breast cancer affects millions of women across the globe each year. Thankfully, survival rates for the disease have improved considerably in recent decades, and women now have a much greater chance of living for many years after successful treatment.

A 2017 study from the American Cancer Society found that the number of women who died from breast cancer dropped by about 40 percent in the quarter century preceding the study. A host of variables, including advancements in detecting and treating the disease and a heightened awareness of the need for screening, have contributed to that positive turn.

Though breast cancer treatment is highly effective, particularly when the disease is in its early stages at the time of an initial diagnosis, women may still experience some side effects of both the disease and the treatment their cancer care teams design. The following are some ways that breast cancer and treatment can affect a woman's body in both the short- and long-term.

- **Joint and muscle pain:** According to Susan G.

- **Fatigue:** Breastcancer.org reports that breast cancer causes changes in the body that can lead to fatigue. That fatigue could be linked to cytokines, which are proteins released by certain breast cancers that researchers suspect cause fatigue. Breast cancer also can alter hormone levels in the body and cause inflammation, and each of those effects can contribute to fatigue.
- **Skin changes:** The MD Anderson Cancer Center reports that certain changes to the skin are hallmarks of inflammatory breast cancer, a relatively rare yet aggressive form of the disease. Redness or another change in the skin color of the breast, swelling on one side and/or a rash that appears suddenly are changes in the skin that can appear due to

breast cancer. Dimpling of the skin over the breast is another change in the skin that can result from breast cancer.

- **Libido and fertility:** Breastcancer.org reports that some breast cancer treatments can lower a woman's libido, which is her desire for sex and intimacy. This side effect is possibly a byproduct of other effects of treatment that can affect a woman's mental state, including anxiety, depression, weight changes, fatigue, and difficulty sleeping. In addition, the National Cancer Institute notes that certain types of chemotherapy can cause infertility. Though the Centers for Disease Control and Prevention reports that most cases of breast cancer are diagnosed in women over 50, women can still get the disease at any age. Women who hope to have children after a breast cancer diagnosis are urged to discuss that goal with their cancer care teams so their course of treatment does not adversely affect their ability to give birth.

Breast cancer affects a woman's body in various ways. Though many effects are temporary, women can still discuss strategies to overcome them as they navigate their way through treatment.

## What distinguishes the different types of breast cancer?

Individuals can experience a whirlwind of emotion upon being diagnosed with cancer. No one ever expects to receive such a diagnosis, so the moment a physician delivers such news can be emotional and compromise a person's ability to focus. Once those emotions settle down and individuals resolve to overcome the disease, they typically have a lot of questions.

One of the questions doctors will attempt to answer is which subtype of cancer a person has. For example, when doctors initially deliver a breast cancer diagnosis, they may explain that further testing will be necessary to determine precisely which type of breast cancer an individual has. Identifying the subtype of breast cancer helps doctors choose the most effective course of treatment, but it's understandable if patients and their families become confused during the process. The following rundown can help breast cancer patients understand this crucial next step after diagnosis.

How is breast cancer type determined?

The American Cancer Society notes that breast cancer type is determined by the specific cells in the breast that become cancer. The Mayo Clinic reports that a medical team will use a tissue sample from a patient's breast biopsy or, for patients who have already undergone surgery, the tumor to identify the cancer type.

What are the types of breast cancer I might be diagnosed with?

There are many types of breast cancer, but some are more common than others. Invasive and non-invasive (also referred to as "carcinoma in situ") are the two main subtypes of breast cancer.

According to the University of Pittsburgh Medical Center, the most common types of invasive breast cancer are invasive ductal carcinoma, which affects the inner lining of the milk ducts, and invasive lobular carcinoma, which originates from the glands that

produce milk.

The UPMC reports that the most common in situ types are ductal carcinoma in situ, which is cancer that remains within the milk ducts, and lobular carcinoma in situ, which does not often develop into breast cancer though it is considered a risk factor for an invasive form of the disease.

The ACS notes that triple-negative breast cancer is an aggressive form of breast cancer that accounts for roughly 15 percent of all breast cancers. Triple-negative breast cancer can be difficult to treat.

Less common types of breast cancer, each of which account for between 1 and 3 percent of diagnoses in a given year, include Paget disease of the breast, angiosarcoma and phylloides tumor.

A breast cancer diagnosis marks the beginning of a sometimes lengthy but often successful journey that has ended in full recovery for millions of women across the globe. More information about the various types of breast cancer can be found at cancer.org.



We stand with the breast cancer fighters and survivors whose strength and courage inspire us all, and we honor those whose brave struggles and legacies will forever be remembered.

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